



Special Events **Mark Your Calendar**

(You can find details as you read further into this newsletter)

October 12 The Washington Adventist Singing Men Festival Concert

October 18-20 Women's and Teens' Fall Retreat

October 1-31 The Altar Project

November 3 - Daylight Savings Time ends

The World's Need - Ellen G White

When Christ saw the multitudes that gathered about Him, “He was moved with compassion on them, because they fainted, and were scattered abroad, as sheep having no shepherd.” Christ saw the sickness, the sorrow, the want and degradation of the multitudes that thronged His steps. To Him were presented the needs and woes of humanity throughout the world. Among the high and the low, the most honored and the most degraded, He beheld souls who were longing for the very blessings He had come to bring, souls who needed only a knowledge of His grace to become subjects of His kingdom. “Then saith He unto His disciples, The harvest truly is plenteous, but the laborers are few; pray ye therefore the Lord of the harvest, that He will send forth laborers into His harvest.” Matthew 9:36-38.

Today the same needs exist. The world is in need of workers who will labor as Christ did for the suffering and the sinful. There is indeed a multitude to be reached. The world is full of sickness, suffering, distress, and sin. It is full of those who need to be ministered unto—the weak, the helpless, the ignorant, the degraded.

Many of the youth of this generation, in the midst of churches, religious institutions, and professedly Christian homes, are choosing the path to destruction. Through intemperate habits they bring upon themselves disease, and through greed to obtain money for sinful indulgences they fall into dishonest practices. Health and character are ruined. Aliens from God and outcasts from society, these poor souls feel that they are without hope either for this life or for the life to come. The hearts of parents are broken. Men speak of these erring ones as hopeless, but God looks upon them with pitying tenderness. He understands all the circumstances that have led them to fall under temptation. This is a class that demands labor.

Nigh and afar off are souls, not only the youth but those of all ages, who are in poverty and distress, sunken in sin, and weighed down with a sense of guilt. It is the work of God's servants to seek for these souls, to pray with them and for them, and lead them step by step to the Saviour.

Testimonies to the Church Vol.6 Pages 254-255

Witnessing to Others - Bible Verses

All verses are from the ESV Bible

Mark 16:15

And he said to them, “Go into all the world and proclaim the gospel to the whole creation.

Jeremiah 1:7-8

But the Lord said to me, “Do not say, ‘I am only a youth’; for to all to whom I send you, you shall go, and whatever I command you, you shall speak. Do not be afraid of them, for I am with you to deliver you, declares the Lord.”

Matthew 5:16

In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.

Acts 1:8

But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”

Romans 10:17

So faith comes from hearing, and hearing through the word of Christ.

Colossians 4:2-6

Continue steadfastly in prayer, being watchful in it with thanksgiving. At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ, on account of which I am in prison— that I may make it clear, which is how I ought to speak. Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.

Matthew 28:18-20

And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

Romans 1:16

For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek.

Adventist Pioneers

Joseph Bates (July 8, 1792 – March 19, 1872)

Joseph was an American seaman and revivalist minister. He was the founder and developer of Sabbatarian Adventism, a strain of religious thinking that evolved into the Seventh-day Adventist Church. Bates is also credited with convincing James White and Ellen G. White of the validity of the seventh-day Sabbath.

Joseph Bates was born in Rochester, Massachusetts on July 8, 1792. (He did not have a middle name.) His father, also named Joseph, was a volunteer in the American Revolutionary War and his mother was the daughter of Barnabas Rye of Sandwich, Massachusetts.

In June 1807, Bates sailed as cabin boy on the new ship commanded by Elias Terry, called the Fanny to London via New York City. This was the commencement of Bates sailing career and after subsequent voyages he emerged as a captain of a ship and owner of vessels. During one of his voyages he read a copy of the Bible that his wife packed for him. He experienced conversion and became involved in a variety of reforms including helping to found an early temperance society.

During the spring of 1845 Bates accepted the seventh-day Sabbath after reading a pamphlet by T. M. Preble. Bates soon became known as the "apostle of the Sabbath" and wrote several booklets on the topic. One of the first, published in 1846, was entitled *The Seventh Day Sabbath, a Perpetual Sign*. One of Bates' most significant contributions was his ability to connect theologically the Sabbath with a unique understanding of the heavenly sanctuary. This apocalyptic understanding of theology would become known as the Great Controversy theme.

Joseph Bates was a strong supporter of James White and the prophetic gift, which he believed was manifested in visions received by the young Ellen G. White. He contributed to early publications such as *A Word to the "Little Flock."* Bates was active with the Whites in participating in a series of Bible Conferences held in 1848 to 1850 that have become known as the Sabbath and Sanctuary Conferences. During the 1850s Bates supported the development of more formal church organization that culminated in 1863 with the formation of the Seventh-day Adventist Church.



Joseph Bates died on March 19, 1872 in Battle Creek, Michigan and is buried in Poplar Hill Cemetery in Monterey, Michigan.

Special Days in October

Vegan Baking Day (1)
Look at the leaves (3)
Techies Day (3)
Cinnamon Roll Day (4)
Do Something Nice Day (5)
Chess Day (9)
Bosses Day (16)
World Food Day (16)
Lung Health day (21)
Nut Day (22)
Make A Difference Day (26)
Navy Day (27)
Visit A Cemetary Day (27)
Apple Month
Breast Cancer Awareness Month
Celiac Disease Awareness Month
Clergy Appreciation Month
Cookbook Month
Cookie Month
Cyber Security Awareness Month
Dessert Month
Domestic Violence Awareness Month
National Down Syndrome Awareness Month
National Roller Skating Month
Pasta Month
Pizza Month
Popcorn Popping Month
Positive Awareness Month
Pretzel Month
Vegetarian Month

News notes from the Sabbath School Department

At our church in Bonney Lake, we elect officers every Spring, so they take their new or continued positions the first of July.

There were a few changes in different departments.

For the "Beginners Class", Shari Ringering is the new leader, along with Karen Fiedler and Julie Ringering.

The Kindergarten/Primary leaders and teachers are Karen Herman, Marina Koch, Katherina Daul and Mikeala Herman.

In the Earliteen/Youth, are leaders and teachers: Debbie Mann, Eileen Anderson, Kevin Daul and Robert Cassidy.

The Young Adult class is led by Marty Beard and Kaitlyn Herman.

We are grateful for these dedicated leaders and teachers who prepare special lessons from week to week. We continue to have three Adult classes, one meets in the Fellowship hall, one at top of the stairs and one in the Sanctuary. Feel free to visit or join any of these classes of your choosing. We just finished the first quarter of lessons in the S.S. Quarterly, entitled: "The Least of These" and begin October with "Ezra and Nehemiah". We encourage our members to make a real commitment to arrive by 9:15 for song service, led by several different young people, who are most inspiring, followed by lesson study, beginning at 9:30. You will not be disappointed at listening and sharing in the lesson discussions. Once a quarter, on the fifth Sabbath, all Adult classes join together in the Sanctuary when one of the teachers take turns leading out in the discussion. This is a nice time to hear from members and teachers from different classes. On the 13th Sabbath of each quarter, all classes and divisions are invited to meet in the Sanctuary at 10:15, when we are pleased to hear some of the children and young people give short presentations. We then take up a special offering that goes to help with many needs in different divisions around the World. The one for this past quarter goes to the South Pacific Division. We thank each member for their generous contribution of two to three hundred dollars. Every dollar counts to help in projects for different health and spiritual outreach.

May we all continue praying for our Sabbath School that as we reflect the Lord, we then will add more new members.

In His Service, S.S. Superintendents

Wednesday Night Prayer Meeting

Please come and join us each Wednesday at 7:00pm at Bonney Lake Seventh-day Adventist Church. All are welcome!

Health Insight By Carol Daul

Every Sabbath morning from 10:40-10:50 (between Sabbath School and Worship Service)

Join us as we study "The Methusela Factor"

Sabbath Afternoon Group Study

2nd & 4th Sabbath of each month, the Peckham's host. Come and enjoy fellowship and study.

21103 16th St E
Lake Tapps, WA 98391

Women's & Teens' Fall Retreat

Women's & Teens Fall Retreat - October 18-20, 2019 - Ocean Shores

Like a Woman



Live like a woman
Fight like a woman
Walk like a woman
Pray like a woman

OCTOBER 18-20

Fall Retreat: Last Chance to Register!

Register TODAY to join a mentoring and growing journey with keynote speaker Heather Thompson Day at Women's and Teens' Fall Retreat! Discover important lessons for living, fighting, walking, and praying like a woman. *A few hotel rooms are still available! Act now!*

Women's & Teens' Fall Retreat

Date And Time

Fri, Oct 18, 2019, 7:00 PM –
Sun, Oct 20, 2019, 10:00 PM PDT

Speaker Dr. Heather Thompson Day is an interdenominational speaker and contributor for the Barna Group. She is an associate professor of communication at Colorado Christian University. She is passionate about supporting women, and runs an online community called I'm That Wife with over 21k followers. She believes her calling is to stand in the gap for young people in our churches. She is the author of six books including Confessions of a Christian Wife and How to Feed the Mediavore.

She is also a writer for Christian Woman Magazine, Faithfully Magazine and Gorgeous2God. She resides in Niles, Michigan, with her husband Seth, and their three children London, Hudson, and Sawyer.

Place:

Shilo Inn

Ocean Shores, WA

707 Ocean Shores Blvd NW

Ocean Shores, WA 98569



Grow Your Spiritual Walk

Q4
MINISTRY
CALENDAR
2019

October 1-31
Family Altar Month

October 2-4
Outdoor School at Sunset Lake

October 15-16
Growing Young Together Cohort Summit at Sunset Lake

October 18-20
Women's & Teens' Fall Retreat in Ocean Shores

October 19
Children's Ministries Leaders Training in Burlington

October 19
Sabbath Afternoon Adventure at Sunset Lake

October 20
Outreach Ministry Super Sunday in Federal Way

November 1-3
Pathfinder/Adventurer Leadership Retreat at Sunset Lake

November 8-10
Children's Ministries Leadership Retreat at Sunset Lake

November 15-17
Public High School Retreat at Sunset Lake

November 23
Sabbath Afternoon Adventure at Sunset Lake

December 14
Children's Ministries Christmas Program at Auburn City

December 21
Christmas at the Lake

Throughout December
Church & School Christmas Programs



Calendar Subject to Changes



washingtonconference.org

More information will be released in e-communicues, social media, and the conference website



Washington Conference
of Seventh-day Adventists®
DEAF MINISTRIES

FALL DEAF BIG DAY



October 25 & 26, 2019





PUYALLUP SEVENTH-DAY ADVENTIST CHURCH

902 SHAW RD. E. PUYALLUP, WA 98372





INSIDE THE BUILDING OF NORTHWEST CHRISTIAN SCHOOL



Friday evening, October 25

-  5:30 soup supper (provided)
-  6:30 sundown vespers service

Sabbath, October 26

-  9:30am Sabbath School
-  10:45AM Church
-  12:00pm Bring a potluck dish to share for lunch!
-  1:30pm afternoon meeting

Come join us for a blessing! Esther M. Doss, North American Division of Seventh-day Adventist's Deaf Ministry Coordinator will be presenting several presentations for the weekend. Esther is a Child of Deaf Adults (CODA) and all her presentations will be conducted in American Sign Language (ASL). Voice interpreters will be provided for those who need interpretation.



We will be meeting in the music room.

Questions? Contact:

Nohelani (Nohe) Jarnes, Deaf Ministry Coordinator

Nohelani.jarnes@waconference.org

253.625.1854 (voice/txt)

253.256.3822 (Video Phone for the Deaf)



Men's Singing Festival Concert October 12

Washington Adventist Singing Men is a group of men from the Pacific Northwest who love to sing and praise the Lord.

Auburn Adventist Academy Church Address:

5010 Auburn Way S

Auburn, WA 98092



October 1-31, 2019



Washington Conference of Seventh-day Adventists *presents*

The Altar Project: 10 Reasons to Restore Family Worship

1

It honors God.

Could there be a better reason? For a people whose mission is to call the world to “fear God and give Him glory,” (Rev. 14:7), family worship should be our highest priority and greatest joy.

2

It facilitates revival.

“A revival need be expected only in answer to prayer,” (1 SM, 121). Prayer in the family circle, as well as private prayer, is essential to revival.

3

It puts God first.

Before the heat of the day and the push notifications of Facebook, “seek first His kingdom and his righteousness, and all these things will be given to you as well,” (Matt. 6:33).

4

It brings the Bible back into the family discourse.

Reading, singing, memorizing, and talking about the Bible foster a biblical worldview. “Sing them over again to me, wonderful words of life!”

5

It reminds us of our dependence on God.

Pausing our devices and other home activities to pray and praise God reminds us we belong to Him, and in Him “we live and move and have our being,” (Acts 17:28).

6

It helps keep our children connected to God.

Satan “invents every possible device to engross the mind,” (GC, 519). His purpose is to put such distance between our children and God that they forget Him altogether. Family worship breaks the spell and reconnects our children with their Savior.

7

It turns our homes into households of prayer.

“Fathers and mothers should often lift up their hearts to God in humble supplication for themselves and their children. Let the father, as priest of the household, lay upon the altar of God the morning and evening sacrifice, while the wife and children unite in prayer and praise. In such a household Jesus will love to tarry,” (PP, 144).

8

It is a hedge against temptation.

“Fathers and mothers, however pressing your business, do not fail to gather your family around God’s altar. Ask for the guardianship of holy angels in your home. Remember that your dear ones are exposed to temptations,” (CG, 520).

9

It’s an opportunity to model joy in the worship of God.

Be creative. Don’t make the home altar a place of drudgery and boredom. Through laughter, song, drama, and sharing, make this an age-appropriate time of rejoicing.

10

It will revolutionize our church.

As goes the home, goes the church...and the school. We cannot expect the church to awaken from Laodicean slumber if the home is asleep.



SUBSCRIBE for daily inspiration in October!
washingtonconference.org/altar



Healthy Hearts Fitness Class

Bonney Lake Seventh-Day Adventist Church

11503 214th Ave E, Bonney Lake, WA 98391



Every Monday Evening

Class offered at 7:00pm

Low and Moderate Impact Workout Options

For a more complete workout bring:

1-5lb weights

Resistance Band

Mat or Towel for Floor Exercises

Water Bottle

Questions? Contact Mikeala Herman at 253-224-6438.

Young Adults Sabbath School Class

The Bonney Lake Young Adult Sabbath School Class was able to step outside of the classroom and into nature this summer, which allowed them to experience a couple of blessed Sabbaths worshipping their Creator in His creation.

The first hike began when the class met at the Dalles Campground one Sabbath morning and left for an 11 mile round trip hike to Grand Park. They had a great time pointing out beautiful trees and flowers, picking wild berries, and spotting birds in the midst of a gigantic meadow with the view of Mt. Rainier.

The second hike took place after church and was a shorter 8 mile round trip hike to Summit Lake. There they saw the leaves beginning to change colors on the trees as they walked, and ended with eating lunch by a cold, but absolutely beautiful, clear lake covered with fog. It eventually blew off and several tried their talents at skipping rocks on the open water. Both hikes left the class pondering the amazing and mighty works of God that are shown in nature.

The class looks forward to doing more camping and hiking trips next summer and a snowshoe outing this winter!



Pathfinders



Rocky Mountain National Park



Lloyd standing next to a dinosaur bone



Rain and Mud



Mesa Verde



Kids' Corner

Autumn

WORD SEARCH



- SCARF
- APPLE
- BOOTS
- TREE
- FALL
- RAKE
- ACORN
- PUMPKIN
- PIE
- HAY
- SWEATER
- LEAF

Fall Scavenger Hunt

- A Red Leaf
- Holly
- A Yellow Leaf
- Snail
- A Green Leaf
- Flower
- A Twig
- Mushroom
- A Pinecone
- Grasshopper
- An Acorn
- Bee
- A Rock
- Bird
- A Piece of Bark
- Bird's Nest
- A Spider
- Butterfly
- A Pumpkin
- Pile of Leaves

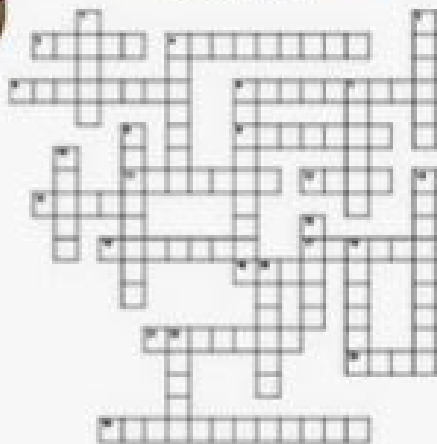
DomesticMommyhood.com

Name _____ Date _____



Autumn Days

Crossword



Across

2. Also known as corn.
4. October 31st.
5. The eleventh month of the year.
6. Used to keep birds off of crops.
9. Jack-o'-lantern guard.
11. The fourth month of the year.
12. The season that follows summer.
14. Might be polka-dot.
16. Fun activity on a farm.
17. They fall from trees.
19. Leaf gathering yard tool.
21. Seed of a apple (two words).
23. What squirrels do to gather.
24. The fourth Thursday in November.

Down

1. Drink made from apples.
2. Halloween decoration made by a spider.
4. The gathering of crops.
6. The sixth month of the year.
7. A bit cold.
8. Popular autumn sport.
10. Descriptive speech.
13. They're crushed on an open fire.
15. Snow-frozen rain.
18. Another word for the fall season.
20. Harvesting.
22. Oak tree's fruit.



Name _____ Total Points: _____

FINISH MY PHRASE

Finish the phrase below with what you think your partner will write!
Points are given when both your and your partner's answers are the same.

- CANDY _____
- SPIDER _____
- HALLOWEEN _____
- PARANORMAL _____
- PARTY _____
- TOIL _____
- CARVING _____
- MONSTER _____
- PUMPKIN _____
- HAPPY _____
- TRICK OR _____
- HAUNTED _____
- COSTUME _____
- KEEP _____
- BITE _____
- THE GREAT _____
- SPOOKY _____
- GHOST _____
- HEADLESS _____
- BAT _____
- BLACK _____
- GRIM _____
- HOCUS _____
- STRANGER _____
- WITCH _____
- NIGHT _____

Recipe Corner

Paleo Pumpkin Pie Cupcakes

Prep Time: 5 min **Cook Time:** 25 min

Serves: 12 standard sized cupcakes ADJUST SERVINGS

The perfect bite of pumpkin pie without the guilt!

Ingredients

For the cupcakes

- 1 can pumpkin or 1 1/2 cups pumpkin puree
- 2 very ripe bananas
- 1/2 cup coconut sugar
- 1 1/2 tsp cinnamon
- 1/4 tsp ginger
- 1/4 tsp nutmeg
- 1/4 tsp sea salt

For the whip topping

- 1 can full fat coconut milk
- 2 T maple syrup
- 1 tsp vanilla beans



Instructions

1. Preheat oven to 350.
2. In a food processor, combine all the cupcake ingredients and blend until smooth. You may need to scrape down the sides a few times.
3. Spoon the mixture into lined muffin pans. I used silicone liners for mine. They don't stick like paper liners can.
4. Bake for 20-25 minutes.
5. Let these cool completely before removing from the muffin liners. Since they are soft like pumpkin pie, I highly recommend putting these in the fridge after baking. It should firm them up more.
6. To make the whip topping, open up your can of coconut milk that has been in the fridge overnight. Scoop the fatty white part off and place in a mixing bowl with the vanilla and maple syrup. Use the whipping attachment and whip the coconut into a cream. Scoop a little on top of each muffin. Enjoy!

by **Melissa King**

Recipe Notes

Keep these stored in the fridge. I highly recommend making the whip topping right before eating for optimal results in taste and texture. Enjoy!

Please Note: The texture/taste may vary based on the pumpkin puree and ripeness of the banana. These have more of a pumpkin pie texture than a cupcake texture.

Who To Contact

Pastor: Bruce Koch

Audio & Visual Systems: Bob McDonald & Ben Hiebert

Board Members Chair: Mike Herman

Bulletin Board: Shari Ringering

Bulletin Secretary: Sharon Paiz

Children's Story Coordinator: Marlys Proctor and Traci Comstock

Choir Head: Open

Church Clerk: Jennifer Hamerly

Church Administrative Assistant: Jill Anfinson

Community Services: Fred & Mary Lou Haskell

Head Deacon: Lloyd Buras

Deacons: Marty Beard, Robert Cassidy, Vaun Fiedler, Fred Haskell, Ben Hiebert, Lowell Hoffman, Ed Lindsay, Marc Mann, Boo McDonald, Jordon McDonald

Head Deaconess: Janice Ellison

Deaconesses: Carol Daul, Katherina Daul, Marina Koch, Lila Lindsday, Sharon Paiz, Julie Ringering,

Sara Stickle, Joana Schoeneman, Susan Young

Disaster Response Preparedness: Marty Beard

Head Elder: Mike Herman

Elders: Norm Peckham, Wayne Hurley, Kevin Daul, Ron Ringering, Mark Shoeneman, Phil Proctor

Fellowship Dinner Committee Co-heads: Lloyd & Linda Buras, Phil & Marlys Proctor

Finance Committee Chair: Ron Ringering

Flower Coordinator: Kaitlyn Herman

Health Ministries Head: Carol Daul

Hospitality Committee Head: Rigo and Maria Salinas

Librarian: Marlys Proctor

Literature Rack & Periodical: Marty Beard

Loss Control Head: Lloyd Buras

Music Ministry & Special Music Coordinator: Kaitlyn Herman

Newsletter Editor: Sharon Paiz

Nominating Committee Chair: Mike Herman

Organist & Pianist: Eileen Anderson

Outside Reader Board Head: Sara Stickle

Pathfinders: Karen Fiedler

Personal Ministries Head: Sara Stickle

Photographer Head: Vaun Fiedler

Praise Team Head: Kaitlyn Herman

Prayer Coordinator: Starla McDonald

Public Relation: Kaitlyn Herman

Religious Liberty Representative: George Beaver

Sabbath School Secretary: Marlys Proctor

Sabbath School Superintendent: Ruth Matson

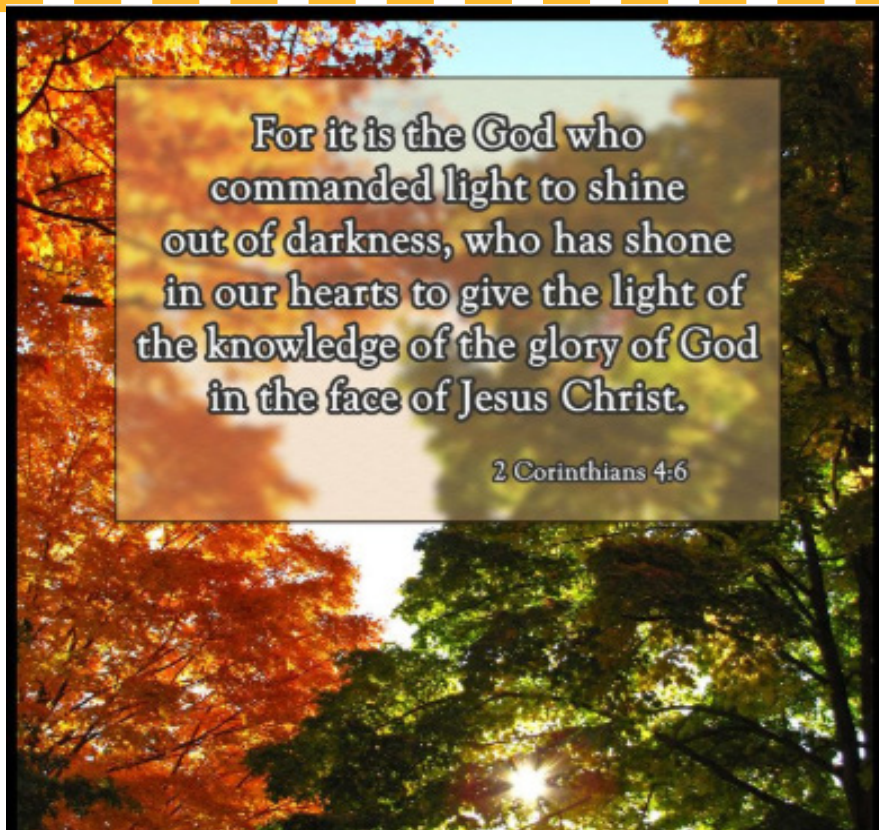
Senior Ministries Representative (SAGE): Open

Social Committee Head: Karen Herman

Technology: Ben Hiebert

Head Treasurer: Linda Buras

Head Usher: Lloyd Buras



Get the Newsletter!

Do you or someone you know want to receive the newsletter by e-mail? Please send your name and e-mail address to the newsletter editor at: sharon19806@comcast.net

Mission

Our mission is to be a beacon of light in Bonney Lake, sharing the everlasting gospel of Jesus Christ, giving hope that all may have salvation, as we prepare for his imminent return.

Join us for the following on Saturdays:

9:15am Song Service

9:30am Weekly Lesson Study
Adult Classes are studying:
Ezra and Nehemiah
10:50am Worship Service



BONNEY LAKE
SEVENTH-DAY ADVENTIST CHURCH
11503 214TH AVE E.
BONNEY LAKE, WA 98391
[HTTPS://BONNEYLAKEWA.
ADVENTISTCHURCH.ORG/](https://bonneylakewa.adventistchurch.org/)
(253) 862-8620
MIKE HERMAN, HEAD ELDER

On behalf of the Bonney Lake SDA church family, welcome to this house of God. We want you to feel welcome and do make a new friend or two while you're here.

Have an article, photos or information for the next newsletter? Submit information by the 25th of each month for the next issue to sharon19806@comcast.net

In Loving Memory - Grace Gregory



In loving memory of
Grace Mae Gregory
July 3, 1981 - August 18, 2019

Remember with love & sympathy