

# Bonney Lake Seventh-day Adventist Church

Newsletter - November 2019 Issue

*Sing unto him, sing Psalms unto  
him, talk you of all His wonderful  
works  
1 Chronicles 16:9*

## **Special Events**

(find details in this newsletter)

- November 2-9 Adventist World  
Week of Prayer
- November 2 Spudtacular
- November 3 Daylight Savings Time ends
- November 9 Thankful Hearts Sabbath
- November 10 Women's Ministry Event
- November 28 Thanksgiving Day



## From the Pen of Ellen G White

**THANK GOD FOR PEACE IN YOUR HEART.**—"Let the peace of God rule in your hearts; . . . and be ye thankful." Colossians 3:15. Forgetting our own difficulties and troubles, let us praise God for an opportunity to live for the glory of His name. Let the fresh blessings of each new day awaken praise in our hearts for these tokens of His loving care. When you open your eyes in the morning, thank God that He has kept you through the night. Thank Him for His peace in your heart. Morning, noon, and night, let gratitude as a sweet perfume ascend to heaven.—The Ministry of Healing, p. 253.

**GRATITUDE PROMOTES HEALTH.**—Nothing tends more to promote health of body and of soul than does a spirit of gratitude and praise. It is a positive duty to resist melancholy, discontented thoughts and feelings—as much a duty as it is to pray. If we are heaven-bound, how can we go as a band of mourners, groaning and complaining all along the way to our Father's house? Those professed Christians who are constantly complaining, and who seem to think cheerfulness and happiness a sin, have not genuine religion.—Ibid., p. 251.

**REJOICING INCREASES FAITH.**—It is a law of nature that our thoughts and feelings are encouraged and strengthened as we give them utterance. While words express thoughts, it is also true that thoughts follow words. If we would give more expression to our faith, rejoice more in the blessings that we know we have,—the great mercy and love of God,—we should have more faith and greater joy. No tongue can express, no finite mind can conceive, the blessing that results from appreciating the goodness and love of God. Even on earth we may have joy as a well-spring, never failing, because fed by the streams that flow from the throne of God.

Then let us educate our hearts and lips to speak the praise of God for His matchless love. Let us educate our souls to be hopeful, and to abide in the light shining from the cross of Calvary.—Ibid., pp. 251-253.

The Lord desires us to make mention of His goodness and tell of His power. He is honored by the expression of praise and thanksgiving. He says, "Whoso offereth praise glorifieth Me." The people of Israel, as they journeyed through the wilderness, praised God in sacred song. The commandments and promises of the Lord were set to music, and all along the journey these were sung by the pilgrim travelers. And in Canaan, as they met at their sacred feasts, God's wonderful works were to be recounted, and grateful thanksgiving offered to His name. God desired that the whole life of His people should be a life of praise.  
Christ's Object Lessons, 298, 299.

# Bible Verses of thanksgiving

2 Corinthians 4:15

All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God.

2 Corinthians 9:11

You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.

Psalms 9:1

I will give thanks to you, LORD, with all my heart; I will tell of all your wonderful deeds.

Philippians 4:6-7

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Colossians 3:16-17

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

Psalms 107:8-9

Let them give thanks to the LORD for his unfailing love and his wonderful deeds for mankind, for he satisfies the thirsty and fills the hungry with good things.

Psalms 95:2-3

Let us come before him with thanksgiving and extol him with music and song. For the LORD is the great God, the great King above all gods.

1 Timothy 4:4-5

For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, because it is consecrated by the word of God and prayer.

# Adventist Pioneers

## Rachel Oakes Preston (1809- 1868)

Rachel Preston Rachel (Harris) Oakes Preston was a Seventh- day Baptist who persuaded a group of Seventh- day Adventists to accept the Sabbath and thus to become in that sense a Seventh- day Adventist.

She was born in Vernon, Vermont and joined the Methodist Church then later joined the Seventh- day Baptist Church of Vernon, Odeida County, New York. She became a widow and moved to Washington, New Hampshire to be near her daughter, Delight Oakes who taught there.

She introduced the Sabbath to a group of people engrossed with the preparation for the Lord's Second Advent (Adventists). Her literature eventually gained as a convert Fredrick Wheeler, a Methodist preacher. At about March, 1844 Wheeler later related and began to observe the Seventh- day Sabbath. Mrs. Oakes soon in turn embraced the Seventh- day Adventist teachings. Thus the first little Sabbatharian Adventist group came in to being.

Mrs. Oakes later got married to Nathan T. Preston and moved back to Vernon, Vermont. She died there and was buried in Tyler Sunset Cemetery



Source:IMS Media.org

# Adventist World Week of Prayer November 2-9

Page 6

God Wants to  
Send You a  
Message

Page 12

Dusting Off the  
Law and the  
Testimony

Page 20

A Prophet to  
God's End-time  
People

Week of Prayer

## Adventist World

We Are  
Called to Be  
**Faithful to  
His Prophets**

For more details click on link:

<https://www.adventistworld.org/november-week-of-prayer-2019/>

## Group Study

Every second and fourth Sabbath of the month, the Peckham's host a study at their house at 4:00pm. You can join them at 21103 16th Street, Lake Tapps, WA 98391.

## Audio Visual Info

Please e-mail the Audio Visual team at [pa@blsda.com](mailto:pa@blsda.com) with anything you want on the large screen during church service. You can e-mail them things like adding or removing a name from our family prayer list, including pictures for a children's story, announcement slides, etc.

## Address Update from Laurel Thorp

I've moved.

New address is

9515 - 198th Ave E. # 304

Bonney Lake, WA 98391

Phone # 1-253-299-1963

## Women's Ministry

Christmas is coming and Women's Ministries has a fun craft idea for you ladies. Join us November 10, 2019 at 9:30am in the Fellowship Hall where you will be provided light refreshments while you are lead in a simple Christmas craft to make for the Holiday Season. See you Sunday November 10th for a Jolly Good Time!

## Adventist Community Services

Adventist Community Services Offering is December 14th, 2019. Give your offering at your local church, marking "ACS Offering" on your tithe envelope, or give online at [www.community-services.org](http://www.community-services.org). You can make a difference today!

# Recipe Corner

## Carrot "Bacon"

### Ingredients

- 1 large carrot
- 1 tbsp tahini
- 1 tbsp light oil
- 1 tbsp maple syrup
- 1.5 tsp soy sauce, tamari, or coconut aminos
- 1 tsp liquid smoke

### Directions:

Heat your oven to 400°F

Peel and top & tail the carrot, then slice very thinly.

In a blender add the rest of the ingredients and blend together for 20 seconds or so, until you have a thick marinade.

Place the carrot and marinade into a dish, mix together so that all of the carrot slices are coated, and set to one side for 30 minutes.

Place the carrot strips side-by-side on cookie sheet (line it with parchment or a silicone mat if it's not non-stick), spread a little of the remaining marinade evenly over the strips, and then bake for 15-20 minutes, depending on how crispy you want your 'bacon' to be.

Remove from the oven, and enjoy your delicious animal-free bacony treat!



Pictures from the Young Adults Trip to Summit Lake and Grand Park







God's beautiful nature (Grand Park)





# Kids' Corner

## Scarecrow Coloring Page:

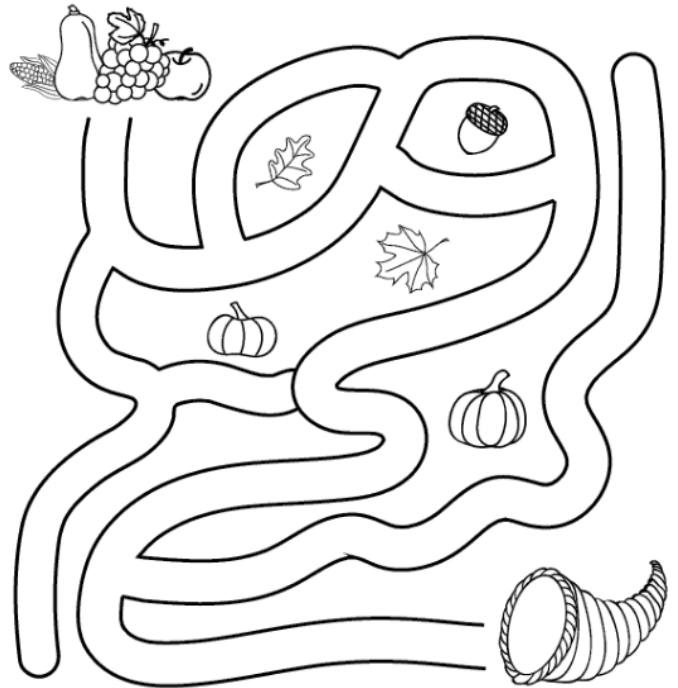


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Pre-K  
Fine motor skills

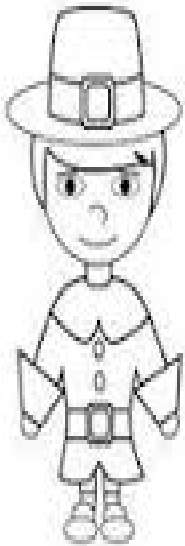
## Thanksgiving maze

Directions: Help the fruits and vegetables find their way to the Horn of plenty.



©PlanesAndBalloons.com

## I Am Thankful For...



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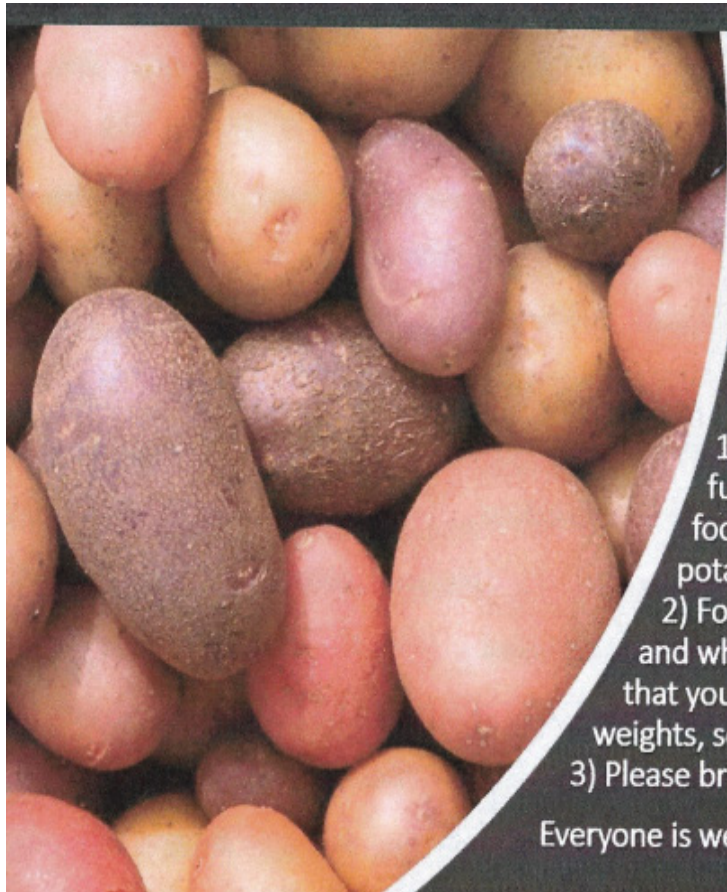
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Simple Fun for Kids



Sputacular!

Saturday, November 2 @ 6:30pm



The Social Committee is excited to kick off the fall season with an evening of potato fun!

What do you need to bring?

- 1) Our dinner is going to be a potluck style meal full of potatoes! Please bring your favorite potato food/dish whether that means tater tots or a fancy potato casserole. We want to taste them all!
- 2) For our potato derby race you will be provided a potato and wheels, but we encourage you to bring anything else that you feel will help your potato win the race such as weights, something to create a windshield, racing stripes, etc.
- 3) Please bring a potato peeler for an exciting potato activity!

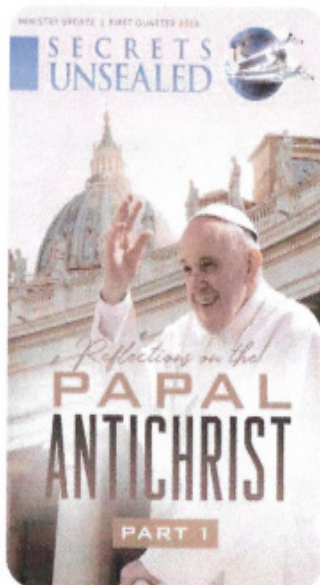
Everyone is welcome! We can't wait to see you!



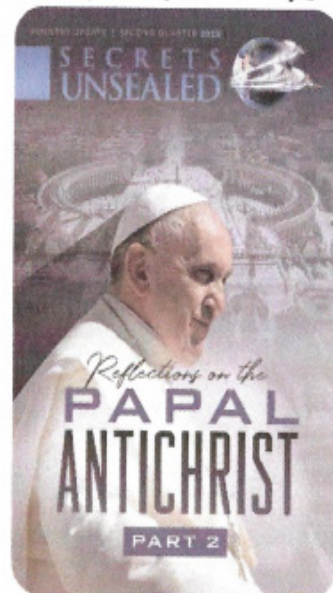
Dear Church Family,

The literature department would like to share 2 free booklets entitled *Reflections on the Papal Antichrist*, a two-part series written by Stephen Bohr from *Secrets Unsealed*. In addition, these booklets contain health articles as well as topical study guides. Please pick up your copy by the

front door in the church foyer.



SECRETS  
UNSEALED  
*Presents...*



May God bless you as you read these timely booklets.

BLSDA Literature Department

## Calendar of Recurring Events

<b>Adventist Community Services:</b>	1st & 3rd Sunday of each month 5:00 PM - 7:00 PM 1st & 3rd Monday of each month 9:00 AM - 11:00 AM
<b>Healthy Hearts Fitness Club</b>	Each Monday at 7:00 PM
<b>Pathfinders:</b>	Each Tuesday at 7:00 PM
<b>Mid-week Bible Study and Prayer Meeting:</b>	Each Wednesday in the Youth Room 7:00 PM "Steps to Personal Revival: Being Filled with the Holy Spirit"
<b>Elders Meeting:</b>	2nd Monday of each month 7:00 PM - 8:00 PM
<b>Board Meeting:</b>	2nd Thursday of each month 7:00 PM - 9:00 PM
<b>Prayer Walk:</b>	Each Sabbath at 9:00 AM
<b>Fellowship Potluck Luncheon:</b>	1st & 3rd Sabbath of each month in the Fellowship Hall after Sabbath service
<b>Group Study</b>	1st and 4th Sabbath of each month Peckham's Residence 21103 16th St E Lake Tapps, WA 98391

If you want to include something in the bulletin, please e-mail [bulletin@blsda.com](mailto:bulletin@blsda.com) before end of day each Wednesday

If you want to include something in the newsletter, please e-mail [sharon19806@comcast.net](mailto:sharon19806@comcast.net)

### Sunset Times - November 2019

Friday		Saturday	
1	5:48PM	2	5:48PM
8	4:38PM	9	4:38PM
15	4:28PM	16	4:28PM
22	4:23PM	23	4:23PM
29	4:18PM	30	4:18PM

# Signs Of The Times

## SIGNS OF THE TIMES

### 8 Great Reasons to Send *Signs*

The time to act is now.

- 1 Signs brings Jesus and people together.
- 2 Signs shares the Seventh-day Adventist message.
- 3 Signs makes soul winning economical.
- 4 Signs gets past the front door.
- 5 Even shy people can witness with Signs.
- 6 Signs will witness for you.
- 7 God works through Signs to save others.
- 8 An investment in Signs will pay dividends for eternity.



## Sharing the Good News

## Sharing *Signs* Order Form

### PERSONAL SUBSCRIPTION (12 monthly issues)

Check here to subscribe for yourself.

Name \_\_\_\_\_

Address \_\_\_\_\_ Apt No. \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_

ZIP/Postal Code \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

### GIFT SUBSCRIPTION (12 monthly issues)

Yes! I want to send *Signs* to somebody special. Please send my gift of a *Signs* subscription to:

Name \_\_\_\_\_

Address \_\_\_\_\_ Apt No. \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_

ZIP/Postal Code \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

(Please include additional names for gift subscriptions on a separate piece of paper.)

### PAYMENT METHOD (Please check one)

Check or money order enclosed.

Charge my  VISA  MasterCard  Discover  AMEX

Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Authorized Signature \_\_\_\_\_

Name on Card \_\_\_\_\_

Date \_\_\_\_\_ CVV Code \_\_\_\_\_

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To sign up online:

<https://www.adventistbookcenter.com/signs-of-the-times-magazine-yearly-us-subscription.html>

# Who To Contact

## **Pastor: Bruce Koch**

**Audio & Visual Systems: Ben McDonald & Ben Hiebert**

**Board Members Chair: Mike Herman**

**Bulletin Board: Shari Ringering**

**Bulletin Secretary: Sharon Paiz**

**Children's Story Coordinator: Marlys Proctor and Traci Comstock**

**Choir Head: Open**

**Church Clerk: Jennifer Hamerly**

**Church Administrative Assistant: Jill Anfinson**

**Community Services: Fred & Mary Lou Haskell**

**Head Deacon: Lloyd Buras**

**Deacons: Marty Beard, Robert Cassidy, Vaun Fiedler, Fred Haskell, Ben Hiebert, Lowell Hoffman, Ed Lindsay,**

**Marc Mann, Boo McDonald, Jordon McDonald**

**Head Deaconess: Janice Ellison**

**Deaconesses: Carol Daul, Katherina Daul, Marina Koch, Lila Lindsay, Sharon Paiz, Julie Ringering, Sara**

**Stickle, Joana Schoeneman, Susan Young**

**Disaster Response Preparedness: Marty Beard**

**Head Elder: Mike Herman**

**Elders: Norm Peckham, Wayne Hurley, Kevin Daul, Ron Ringering, Mark Schoeneman, Phil Proctor**

**Fellowship Dinner Committee Co-heads: Lloyd & Linda Buras, Phil & Marlys Proctor**

**Finance Committee Chair: Ron Ringering**

**Flower Coordinator: Kaitlyn Herman**

**Health Ministries Head: Carol Daul**

**Hospitality Committee Head: Rigo and Maria Salinas**

**Librarian: Marlys Proctor**

**Literature Rack & Periodical: Marty Beard**

**Loss Control Head: Lloyd Buras**

**Music Ministry & Special Music Coordinator: Kaitlyn Herman**

**Newsletter Editor: Sharon Paiz**

**Nominating Committee Chair: Mike Herman**

**Organist & Pianist: Eileen Anderson**

**Outside Reader Board Head: Sara Stickle**

**Pathfinders: Karen Fiedler**

**Personal Ministries Head: Sara Stickle**

**Photographer Head: Vaun Fiedler**

**Praise Team Head: Kaitlyn Herman**

**Prayer Coordinator: Starla McDonald**

**Public Relation: Kaitlyn Herman**

**Religious Liberty Representative: George Beaver**

**Sabbath School Secretary: Marlys Proctor**

**Sabbath School Superintendent: Ruth Matson**

**Senior Ministries Representative (SAGE): Open**

**Social Committee Head: Karen Herman**

**Technology: Ben Hiebert**

**Head Treasurer: Linda Buras**

**Head Usher: Lloyd Buras**





*I give thanks to you,  
O Lord my God, with my  
whole heart, and I will  
glorify your name forever.*

PSALM 86:12



## Get the Newsletter!

Do you or someone you know want to receive the newsletter by e-mail? Please send your name and e-mail address to the newsletter editor at: [sharon19806@comcast.net](mailto:sharon19806@comcast.net)

## Mission

**Our mission is to be a beacon of light in Bonney Lake, sharing the everlasting gospel of Jesus Christ, giving hope that all may have salvation, as we prepare for his imminent return.**

Join us for the following on Saturdays:

9:15am Song Service

9:30am Weekly Lesson Study  
Adult Classes are studying "Ezra and Nehemiah" in Quarter 1

10:50am Worship Service



BONNEY LAKE  
SEVENTH-DAY ADVENTIST CHURCH  
11503 214TH AVE E.  
BONNEY LAKE, WA 98391  
[WWW.BLSDA.COM](http://WWW.BLSDA.COM)  
(253) 862-8620  
BRUCE KOCH - PASTOR

*On behalf of the Bonney Lake SDA church family, welcome to this house of God. We want you to feel welcome and do make a new friend or two while you're here.*

Have an article, photos or information for the next newsletter? Submit information by the 25th of each month for the next issue to [sharon19806@comcast.net](mailto:sharon19806@comcast.net)