Bonney Lake Seventh-day Adventist Church

Newsletter-lanuary 2020 losue



Calendar of Events (details inside newsletter)

Jan 6 Elders Meeting

Jan 8–18 Global 10 Days of Prayer "Seeking God's Spirit"

Jan 9 Board Meeting

Jan 16th Plant-based whole foods cooking class at 7:00PM

Jan 24-26 "How not to Marry a Jerk"

Speakers for Sabbath Worship in January

Jan 4 Nemaia Faletogo

Jan 11 Thankful Hearts

Jan 18 Pastor Koch

Jan 28 Chaplain Major Kevin Daul

From the Pen of Ellen G White

The old year, with its burden of record, is fast passing away. The new year, with all its possibilities, will soon be ushered in. What advancement have we made in the knowledge of Christ during the past year? Are we prepared to show, more decidedly than ever before, that we are on the Lord's side? At this time, when the nations of the world are wavering between infidelity and idolatry, are we prepared to stand as faithful ambassadors for Christ? Shall we not, at the beginning of this new year, give ourselves and all we have to God? Shall we not listen to His voice, which calls us to a renewed contest, to a more thorough consecration of ourselves and our intrusted capabilities to His service?

To God we owe all we have and are. In Him we live and move and have our being. We have not been forgotten by Him. In His book each human being has a page, on which is recorded his whole history. Constantly and untiringly God is working for our happiness. The treasures which He has placed within our reach are numberless. "The Lord is good to all; and His tender mercies are over all His works. Thou openest Thine hand, and satisfiest the desire of every living thing." He is the Father of mercies and the God of all comfort. The earth is full of His goodness. Creation proclaims, with myriad voice, the forbearance, love, and compassion of the Almighty. Through all the ages God has manifested for the human race a love that is without a parallel. He so loved man that He bestowed on him a gift that defies computation. That the abundance of His grace might be revealed, He sent His only-begotten Son to our world, to live a man among men, to spend His life in the service of humanity. In our behalf the Son of the Infinite God was numbered with the transgressors. Christ was the channel through which the Father poured into the world the rich stream of His grace. God could not give less than the fulness, nor was it possible for Him to give more. "Herein is love, not that we loved God, but that He loved us, and sent His Son to be the propitiation for our sins."

God has made us His stewards. To every one He has given some talent, which is to be improved and returned to Him. Every one is the possessor of some trust. Time, intellect, reason, money, the tender ministry to which some are adapted,--these are the gifts of God. From the lowliest to the highest, all have been intrusted with the goods of heaven, and all are called upon to make a return to the Giver.

From the Pen of Ellen G White (cont.)

The first thing we are to do is to give ourselves to the Lord. Life, with its endowments and privileges, is God's gift. Let us remember that it comes from God, and is to be wholly consecrated to Him. Let us say with Paul, "I count all things but loss for the excellency of the knowledge of Christ Jesus my Lord; for whom I have suffered the loss of all things, and do count them but dung, that I may win Christ, and be found in Him, not having mine own righteousness, which is of the law, but that which is through the faith of Christ, the righteousness which is of God by faith."

When we have given ourselves to God, we shall be willing to give Him what He has given us. All we have and are is to be laid at Christ's feet. We have been bought with a price which can not be estimated, and we should count it a privilege to co-operate with God by denying self, by giving of our earthly possessions to make it possible for those in the darkness of error to hear the truth. Each soul saved is worth more than a world; for he is saved unto eternal life. Those who invest their means in this work double their talents.

Whether or not we give mind, soul, and strength to God, it all belongs to Him. God speaks to each human being, saying: "I have a claim on you. Give me your zeal, your capabilities, your energy, your means." He has a right to ask this; for we are His, redeemed by His boundless love and by the agony of the cross of Calvary from the service of sin. On no account are we to devote our powers to self-serving. Day by day we are to return to the Lord that which He has intrusted to us. And we are to ask Him, not only for temporal blessings, but for spiritual gifts. He who asks in faith, believing that God will fulfil His word, and who acts in accordance with His prayer, doing God's will in all things, will receive rich blessings from on high. And as he receives, he is to impart to those who need help.

From Signs of the Times, January 2, 1901

Bible Verses

Look back on His Blessings

Look to the Lord and his strength; seek his face always. Remember the wonders he has done, his miracles, and the judgments he pronounced,... 1 Chronicles 16:11-12

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. James 1:17

Give thanks to the LORD, call on his name; make known among the nations what he has done. 1 Chronicles 16:8

A blessing for you, because the Lord your God loves you. Deuteronomy 23:5

Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, "The Lord is my portion; therefore I will wait for him. Lamentations 3: 22-24

Forget the former things; do not dwell on the past See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland. Isaiah 43:18-19

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Jeremiah 29:11

In his heart a man plans his course, but the Lord determines his steps. Proverbs 16:9

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! 2 Corinthians 5:17

Don't Worry About What Is to Come

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. Philippians 4:6

Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Proverbs 3:5-6

Cast all your anxiety on him because he cares for you. 1 Peter 5:7

So we say with confidence, "The Lord is my helper; I will not be afraid. What can mere mortals do to me?" Hebrews 13:6

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. Proverbs 3:5-6

is not able to finish, all who see it begin to mock him, saying 'This man began to build and was not able to finish'?" Luke 14:28-30

Adventist Pioneers-Hiram Edson

Hiram Edson (1806–1882) was a pioneer of the Seventh-day Adventist Church, known for introducing the investigative judgment doctrine to reveal to the early Sabbath-keeping Adventists the meaning of the cleansing of the sanctuary. The understanding of the investigative judgment was given to the members when Hiram Edson felt he was given it after a night of prayer after the Great Disappointment to explain why Jesus had not come: the sanctuary needed to be cleansed and a review of the records in heaven needed to be completed before Christ would appear. With Joseph Bates and James White, he was one of the pioneers who developed the Seventh-day Adventist movement.

In the 1840s he lived on a farm near Port Gibson, New York, a little town on the Erie Canal almost midway between Albany and Buffalo. The Millerite message came to Rochester, New York, in 1843 and soon spread to Port Gibson. The message was based on the preaching of William Miller and predicted that Christ would return about the year 1843, which was later refined to October 22, 1844. This belief was based on the day-year principle and an interpretation of the 2300 days mentioned in Daniel 8:14 which predicted that "the sanctuary would be cleansed". The Millerites understood this verse to point to Christ's return to "cleanse" the earth. On October 22, 1844 on his farm about a mile south of town, the Adventists gathered to await the coming of the King. But Christ did not come as they expected.

On the morning of October 23 in answer to their prayers for light, as they were passing through Edson's cornfield where he had a vision. In this vision, Edson came to understand that "the cleansing of the sanctuary" meant that Jesus was moving from the Holy Place to the Most Holy Place in the heavenly sanctuary, and not to the Second Coming of Jesus to earth: Edson shared this light with his friends, Owen Crosier and Dr. F. B. Hahn of nearby Canandaigua. They determined to study the sanctuary and its cleansing from the Biblical viewpoint. The results of their research appeared in their little advent paper published in Canandaigua, the Day Dawn. Later also in the Day Star, Cincinnati. From this point on, light came to the disappointed Adventists and the "why" of their pain and disappointment began to dawn upon them.

It was Edson who advanced funds to purchase the first Seventh-day Adventist press. It was at Edson's home in Port Gibson that the third Sabbath Conference of 1848 was held. Edson sold his farm, turned to preaching and became a successful evangelist. In his later life he labored near Roosevelt, New York. For years he was leader of our work there. He lies buried in the Roosevelt cemetery.[3] He died on January 8, 1882.

10 DAYS OF PRAYER

SEEKING GOD'S SPIRIT

January 8–18, 2020

WWW.TENDAYSOFPRAYER.ORG

"After this prayer, the meeting place shook, and they were all filled with the Holy Spirit. Then they preached the word of God with boldness."

ACTS 4:31, NLT

Seeking God's Spirit

DAY 1

Our Need of the Holy Spirit

DAY 2

The Witness of the Holy Spirit

DAY 3

Victory through the Holy Spirit

DAY 4

The Baptism of the Holy Spirit

DAY 5

The Fruit of the Holy Spirit

DAY 6 The Gifts of the Holy Spirit

Praying in the Holy Spirit

DAY 8

Submission to the Holy Spirit

DAY 9

The Work of the Holy Spirit

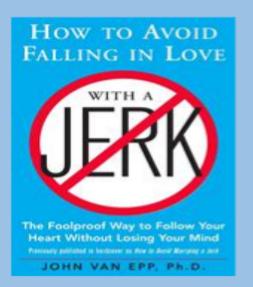
DAY 10

Abiding in the Holy Spirit

SABBATH CELEBRATION Seeking God's Spirit

Youth/Young Adult Seminar

How Not to Marry a Jerk





Come join other youth for messages and activities that give tools to manage your relationships in a Christian way!

When? January 24-26, 2020

Where? Bonney Lake SDA Church

11503 214th Ave E Bonney Lake, WA

Speakers: Army Chaplain Major Kevin Daul & Bonney Lake Youth

Price: \$10

RSVP via phone or email:

The Bonney Lake Youth

Phone Number: (269) 350-3285

Email: youthonamissionblc@gmail.com

Jeremiah Dedication



Sofiya Dedication





Paint & Pancakes









Christmas Program December 21st





Christmas Program December 21st









Christmas Program December 21st



Art by: Caitlyn Cassidy

Health Nugget

Seven Ideas for New Year's Resolutions that don't involve "dieting"...

1. Establish a nighttime routine. If you struggle with falling asleep, this can be really helpful to train your body that it's time to wind down. Suggestions: Shut off all electronics at least 30 minutes before bed, drink a warm cup of caffeine-free tea, read your Bible

2. Try quieting down. Aim for at least 10 minutes of distraction-free time daily. Sit still and contemplate the life of Christ and His love for you.

3. Cook at home. Not everyone loves to be in the kitchen, but experiencing ingredients – their textures, smells and tastes – can be extremely therapeutic and can help you enjoy food more. This is especially the case once you've lifted restrictions and allow yourself to try out new recipes that include foods you previously wouldn't have cooked. It's much more fun to pick out recipes when you aren't trying to stick to a certain calorie level or avoid certain foods. Instead, you get to choose based on flavor! Suggestions: Buy a new cookbook and pick out one new recipe each week to cook at home.

4. Treat yourself to five minutes a day. Feeling stressed, anxious and overwhelmed? Make it a habit to treat yourself to five minutes of relaxation a day. This could be a walk around the block at lunchtime, taking a few minutes to pray and taking a few deep breaths at your desk. Make it a point to take at least five minutes for yourself every day, even if you have to set a reminder or schedule it into your calendar. Even just a few minutes can help to lower stress hormones and feel more relaxed. Suggestions: Make a list of a few relaxing things you can do in five minutes and pick one each day.

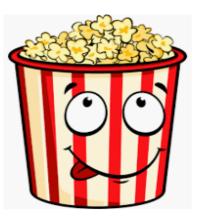
5. Try a new vegetable. We can all fall into food ruts where we eat the same thing over and over. This isn't a bad thing at all, but you may be missing out on a tasty vegetable you have never thought to try before. This aligns with a non-diet approach of adding in rather than taking away. Suggestions: Pick out a new vegetable at the store once or twice a month.

6. Stop comparing yourself to others. God made only you the only "you" in the world. Instead of comparing yourselves to others seek to follow God and follow after His character.

7. Only buy clothes that fit. When we're wearing clothes that are too tight or that we don't like, our body image is heightened and it's easy to feel bad about ourselves. No more overanalyzing sizes this year or buying for a body that doesn't exist. Be kind to yourself! Suggestions: Head to the store and pick out several different sizes. Put them on with your back to the mirror, turning around only if it feels good to you.



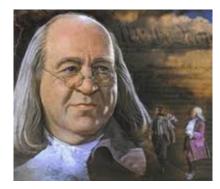




Special January Days

Jan 1 New Years Day Jan 2 Buffet Day Jan 4 Trivia Day Jan 5 Bird Day Jan 6 Bean Day Jan 9 Word Nerd Day Jan 10 Cut Your Energy Costs Day Jan 14 Clean Off Your Desk Day Jan 14 Organize Your Home Day Jan 15 Strawberry Ice Cream Day Jan 17 Benjamin Franklin Day Jan 17 Kid Inventors' Day Jan 18 Thesaurus Day Jan 19 Soup Swap Day Jan 19 Popcorn Day Jan 21 Squirrel Appreciation Day Jan 23 Handwriting Day Jan 26 Spouse's Day Jan 28 Fun at Work Day Jan 29 Puzzle Day Jan 30 Croissant Day Jan 31 Backwards Day





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Recipe Corner

Cashew Mozzarella

Ingredients

- 1 cup cashews (raw, unsalted, soaked)
- 4 teaspoons tapioca starch
- 2 small garlic clove
- 4 tablespoons nutritional yeast
- 3/4 teaspoon salt
- 2 teaspoons lemon juice

1/2 cup water



Instructions

Soak the cashews in water overnight. The next day, rinse and drain the cashews.

Place all the ingredients in a blender and blend until completely smooth. You might have to scrape down the sides a few times.

Transfer half of the cheese mixture into a saucepan and bring to medium heat. Keep stirring until it gets stretchy and comes together in a ball. Repeat for the other half. Then transfer the cheese balls into a container, let them cool off, close the lid and let it chill in the fridge for at least 1 hour. You can slice it and use it on pizza, in quesadillas, in grilled cheese sandwiches or however you would use regular mozzarella!

Notes

Storage: You can keep the mozzarella in an airtight container in the fridge for 2-3 days!

Recipe idea....Margherita Pizza!





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Countdown Confetti Midnight Balloons Celebration Fireworks January Happy New Year Clock Cheers Goals Party Poppers Noisemaker Resolution Sparklers



Kids' Corner-Mad Lib

My New Year's resolution this year is to organize my In order (Room in home)
to do that, first I need to break it down into steps. Then I will (Number)
tackle the first step with help from my best friend, who is (Friend's name)
and We will listen to (Adjective) (Name of Singer)
on Pandora as we work to keep us in good spirits. After finishing the first step, I will
reward us with a trip to where we will eat lots of (Favorite food)
It's the little rewards that help motivate me to reach my New Year's (Noun)
The trick is to start a new step every $(Day of the week)$ and then give myself the
week to complete it, thus relieving some pressure. And if for some reason I don't
finish the step, I won't yell, "!" at myself for not getting it (Exclamation)
done. Some people think New Year's resolutions are, but I love (Adjective)
them. They help me reach my goals by keeping me focused. I hope 2012 will be
a year and I wish everyone the best in getting their lives more (Adjective)
organized.

Advanced Bible Study

Every second and fourth Sabbath of the month, the Peckham's host a study at their house at 4:00pm. You can join them at 21103 16th Street, Lake Tapps, WA 98391.

Audio Visual Info



Please e-mail the Audio Visual team at pa@blsda.com with anything you want on the large screen during church service.

You can e-mail them things like:

- Adding or removing a name from our family prayer list
- Including pictures for a Story Time
- Announcement slides

Our church is equipped with an audio assistance system. If, during Worship Service, you need a device please visit our Audio-Video booth in the rear of the Sanctuary.

Sunset Times - January

FRI	SAT
Jan 3	Jan 4
🔆 7:54 am	🔆 7:54 am
💥 4:32 pm	🔆 4:33 pm
Jan 10	Jan 11
🔆 7:52 am	🔆 7:52 am
💥 4:40 pm	🔆 4:41 pm
Jan 17	Jan 18
🔆 7:48 am	🔆 7:47 am
💥 4:49 pm	🔆 4:50 pm
Jan 24	Jan 25
🔆 7:42 am	🔆 7:41 am
💥 4:59 pm	🔆 5:00 pm

Signs Of The Times



The time to act is now.

- Signs brings Jesus and people together.
- 2 Signs shares the Seventh-day Adventist message.
- 3 Signs makes soul winning economical.
- 4 Signs gets past the front door.
- Even shy people can witness with Signs.
- 6 Signs will witness for you.
- 7 God works through Signs to save others.
- 8 An investment in Signs will pay dividends for eternity.



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To sign up online:

https://www.adventistbookcenter.com/signs-of-the-times-magazine-yearly-us-subscription.html

Calendar of Recurring Events

Healthy Hearts Fitness Class: 7 p.m. Mondays

Adventist Community Services: 5-7 p.m. 1st & 3rd Sundays, 9-11 a.m. 1st & 3rd Mondays

Pathfinders: 6:30-8:30 p.m. Mondays

Mid-Week Bible Study and Prayer Meeting: 7 p.m. Wednesdays in the Youth Room

Elders Meeting: 7 p.m. 2nd Monday of each month

Board Meeting: 7 p.m. 2nd Thursday of each month

Fellowship Potluck Luncheon: 1st & 3rd Sabbath of each month in the Fellowship Room after worship service

Advanced Bible Study: 4 p.m. 2nd & 4th Sabbaths of the month

Peckham's Residence 21103 16th St E Lake Tapps, WA 98391

If you want to include something in the bulletin, please e-mail bulletin@blsda.com before end of day each Wednesday

If you want to include something included in the newsletter, please e-mail <u>sharon19806@comcast.net</u>. All <u>submissions</u> <u>much be received by the</u> **27th** of aach month

Our Beliefs

The Seventh-day Adventist Church is comprised of 15.6 million baptized persons worldwide and continues to grow in membership daily. The Seventh-day Adventists are a thriving, Bible-based denomination, the very name of which reflects some core beliefs.

To explain further, the term "seventh-day" tells others that our worship services are conducted on the "seventh day" or Saturday, and the word "adventist" refers to our belief in the literal and visible Second Coming of Jesus Christ.

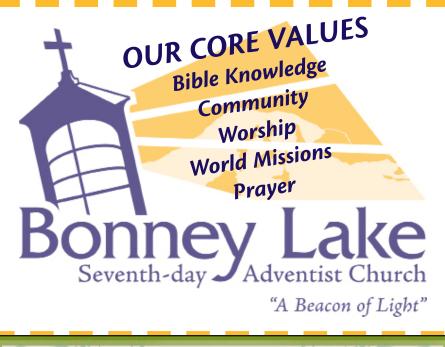
But that's not all we hold dear.

We also believe that the Bible is the expressed character of God and that there is but one God, comprised of the Father, Son, and Holy Spirit – a unity of three co-eternal Persons. We are humbly grateful that Jesus Christ, the incarnate Son of God, died for our sins and that through faith in Him and His Sacrifice we are given eternal life. We believe a relationship with Jesus Christ changes one's life for the better and provides hope, where there was none.

For more information please click on this link https://www.adventist.org/beliefs/fundamental-beliefs/ or join us for Wednesday night Prayer Meeting beginning January 4th where we our topic will be our 28 fundemental beliefs.

Who To Contact

Pastor: Bruce Koch McDonald & Ben Hiebert Audio & Visual Systems **Board Members Chair: Mike Herman** Bulletin Board: Shari Ringering Bulletin Secretary: Sharon Paiz Children's Story Coordinator: Marlys Proctor and Traci Comstock **Choir Head: Open Church Clerk: Jennifer Hamerly Church Administrative Assistant: Jill Anfinson Community Services: Fred & Mary Lou Haskell** Head Deacon: Lloyd Buras Deacons: Marty Beard, Robert Cassidy, Vaun Fiedler, Fred Haskell, Ben Hiebert, Lowell Hoffman, Ed Lindsay, Marc Mann, Boo McDonald, Jordon McDonald Head Deaconess: Janice Ellison Deaconesses: Carol Daul, Katherina Daul, Marina Koch, Lila Lindsday, Sharon Paiz, Julie Ringering, Sara Stickle, Joana Schoeneman, Susan Young **Disaster Response Preparedness: Marty Beard** Head Elder: Mike Herman Elders: Norm Peckham, Wayne Hurley, Kevin Daul, Ron Ringering, Mark Shoeneman, Phil Proctor Fellowship Dinner Committee Co-heads: Lloyd & Linda Buras, Phil & Marlys Proctor **Finance Committee Chair: Ron Ringering** Flower Coordinator: Kaitlyn Herman **Health Ministries Head: Carol Daul** Hospitality Committee Head: Rigo and Maria Salinas **Librarian: Marlys Proctor** Literature Rack & Periodical: Marty Beard **Loss Control Head: Lloyd Buras** Music Ministry & Special Music Coordinator: Kaitlyn Herman **Newsletter Editor: Sharon Paiz** Nominating Committee Chair: Mike Herman **Organist & Pianist: Eileen Anderson Outside Reader Board Head: Sara Stickle** Pathfinders: Karen Fiedler **Personal Ministries Head: Sara Stickle** Photographer Head: Vaun Fiedler Praise Team Head: Kaitlyn Herman Prayer Coordinator: Starla McDonald Public Relation: Kaitlyn Herman Religious Liberty Representative: George Beaver Sabbath School Secretary: Marlys Proctor Sabbath School Superintendent: Ruth Matson Senior Ministries Representative (SAGE): Open Social Committee Head: Karen Herman Technology: Ben Hiebert Head Treasurer: Linda Buras Head Usher: Lloyd Buras





Get the Newsletter!

Do you or someone you know want to receive the newsletter by e-mail? Please send your name and e-mail address to the newsletter editor at: <u>sharon19806@comcast.net</u>

Mission

Our mission is to be a beacon of light in Bonney Lake, sharing the everlasting gospel of Jesus Christ, giving hope that all may have salvation, as we prepare for his imminent return.

Join us for the following on Saturdays:

9:15am Song Service

9:30am Weekly Lesson Study Adult Classes are studying "Daniel" in Quarter 1

10:50am Worship Service



BONNEY LAKE SEVENTH-DAY ADVENTIST CHURCH 11503 214TH AVE E. BONNEY LAKE, WA 98391 BONNEYLAKEWA.ADVENTISTCHURCH.ORG/

(253) 862-8620 BRUCE KOCH - PASTOR On behalf of the Bonney Lake SDA church family, welcome to this house of God. We want you to feel welcome and do make a new friend or two while you're here.

Have an article, photos or information for the next newsletter? Submit information by the 25th of each month for the next issue to sharon19806@comcast.net