

OCTOBER 2020

BEACON OF LIGHT

Official Newsletter of the Bonney Lake Seventh-day Adventist Church



Our Autumn Newsletter

BY SHARON PAIZ & SARA STICKLE

Hello, Church Family! In this issue of our newsletter, we're featuring some October national celebrations because they tie in so nicely with being good stewards and disciples. You may not realize that every month has dozens of recognition days. October is no exception! We're highlighting some health initiatives as well as opportunities to be good to people and animals. We hope you'll enjoy reading, doing a crossword, trying out some new recipes, and taking advantage of some of these chances to get involved.



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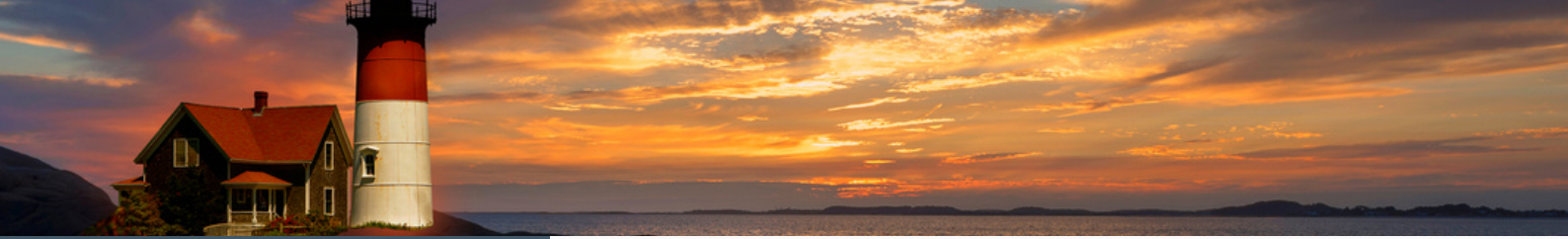
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Unto two
thousand three
hundred days,
then shall the
sanctuary be
cleansed

DANIEL 8:14



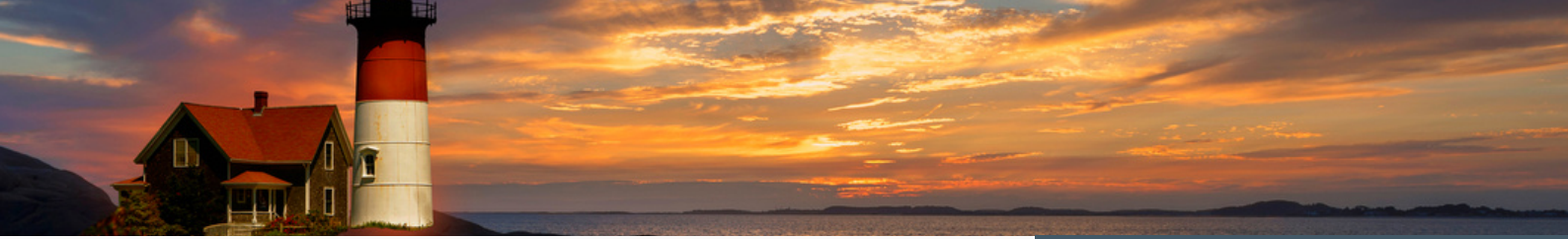
Into the Sanctuary in 1844

FROM THE BOOK EARLY WRITINGS BY EGW

“The prophecy which seemed most clearly to reveal the time of the second advent was that of Daniel 8:14: ‘Unto two thousand and three hundred days; then shall the sanctuary be cleansed.’ Following his rule of making scripture its own interpreter, [William] Miller learned that a day in symbolic prophecy represents a year [Numbers 14:34; Ezekiel 4:6.]; He saw that the period of 2300 prophetic days, or literal years, would extend far beyond the close of the Jewish dispensation, hence it could not refer to the sanctuary of that dispensation. Miller accepted the generally received view, that in the Christian age the earth is the sanctuary, and he therefore understood that the cleansing of the sanctuary foretold in Daniel 8:14 represented the purification of the earth by fire at the second coming of Christ. If, then, the correct starting-point could be found for the 2300 days, he concluded that the time of the second advent could be readily ascertained. Thus would be revealed the time of that great consummation, the time when the present state, with ‘all its pride and power, pomp and vanity, wickedness and oppression, would come to an end;’ when the curse would be ‘removed from off the earth, death be destroyed, reward be given to the servants of God, the prophets and saints, and them who fear his name, and those be destroyed that destroy the earth.’

“With a new and deeper earnestness, Miller continued the examination of the prophecies, whole nights as well as days being devoted to the study of what now appeared of such stupendous importance and all-absorbing interest. In the eighth chapter of Daniel he could find no clue to the starting-point of the 2300 days; the angel Gabriel, though commanded to make Daniel understand the vision, gave him only a partial explanation. As the terrible persecution to befall the Church was unfolded to the prophet’s vision, physical strength gave way. He could endure no more, and the angel left him for a time. Daniel ‘fainted, and was sick certain days.’ ‘And I was astonished at the vision,’ he says, ‘but none understood it.’

“He had devoted two years to the study of the Bible, when, in 1818, he reached the solemn conviction that in about twenty-five years Christ would appear for the redemption of His people.”—The Great Controversy, 324-329. EW xiv.3



Continued

It was with keen anticipation that the Advent believers neared the day of the expected return of their Lord. They saw the fall of 1844 as the time to which the prophecy of Daniel pointed. But these dedicated believers were to suffer severe disappointment. As the disciples of old failing to understand the exact character of events to take place in fulfillment of prophecy relating to the first advent of Jesus suffered disappointment, so the Adventists in 1844 were disappointed concerning the development of prophecy relating to the expected second coming of Christ. Of this, Ellen White wrote in this volume: EW xv.1

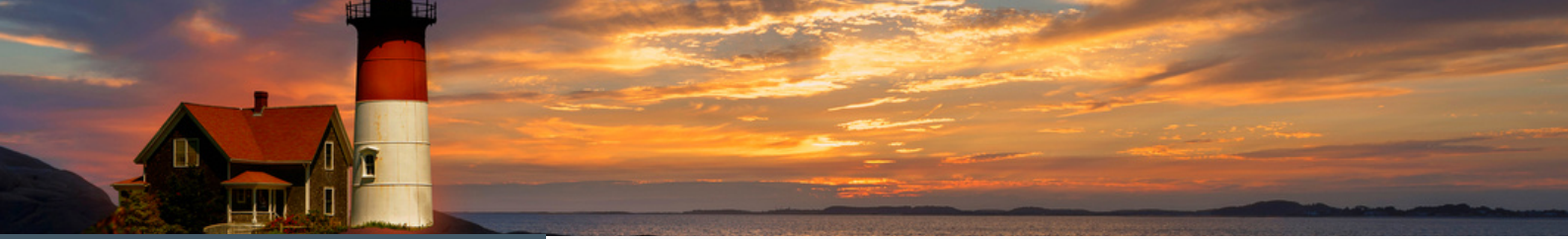
“Jesus did not come to the earth as the waiting, joyful company expected, to cleanse the sanctuary by purifying the earth by fire. I saw that they were correct in their reckoning of the prophetic periods; prophetic time closed in 1844, and Jesus entered the most holy place to cleanse the sanctuary at the ending of the days. Their mistake consisted in not understanding what the sanctuary was and the nature of its cleansing.”—Page 243. EW xv.2

Almost immediately following the disappointment of October 22, many believers and ministers who had associated themselves with the Advent message dropped away. Some of these joined the movement largely from fear, and when the time of expectation passed, they abandoned their hope and disappeared. Others were swept into fanaticism. About half of the Adventist group clung to their confidence that Christ would soon appear in the clouds of heaven. In the experience of the derision and ridicule heaped upon them by the world, they thought they saw evidences that the day of grace for the world had passed. These people believed firmly that the return of the Lord was very near.

But as the days moved into weeks and the Lord did not appear, a division of opinion developed, and this group divided. One part, numerically large, took the position that prophecy was not fulfilled in 1844, and that there must have been a mistake in reckoning the prophetic periods. They began to fix their attention on some specific future date for the event.

**"Their mistake
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cleansing."**

EARLY WRITINGS PG 243



"Some lost sight of Jesus and fell off the pathway, but those who kept their eyes on Jesus and the city reached their destination in safety."

EARLY WRITINGS



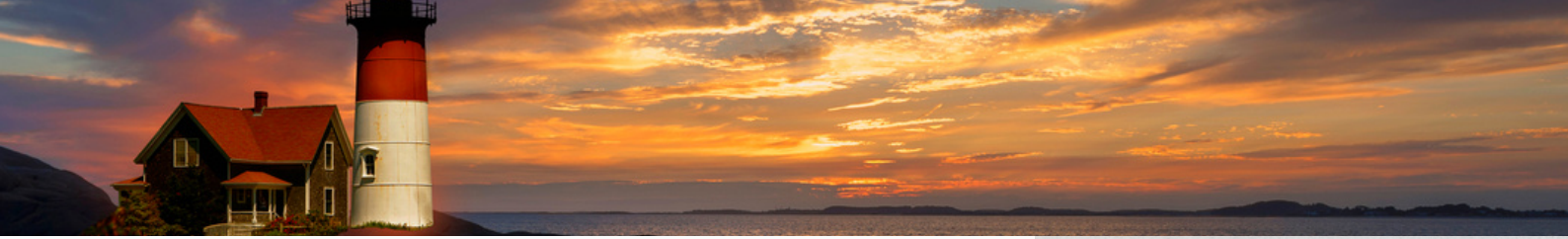
Continued

There were others, a smaller group, the forefathers of the Seventh-day Adventist Church, who were so certain of the evidences of the work of the spirit of God in the great Advent awakening that to deny that the movement was the work of the Lord would, they believed, do despite to the spirit of grace. This they felt they could not do. EW xv.3



The experience of this company of believers, and the work they were to do, they found portrayed in the last verses of Revelation 10. The Advent expectation was to be revived. God had led them. He was still leading them. In their midst was a young woman, Ellen Harmon by name, who in December, 1844, barely two months after the disappointment, received a prophetic revelation from God. In this vision the Lord portrayed to her the travels of the Advent people to the New Jerusalem. While this vision did not explain the reason for the Disappointment, which explanation could and did come from Bible study, it gave them assurance that God was leading them and would continue to lead them as they journeyed toward the heavenly city. EW xvi.1

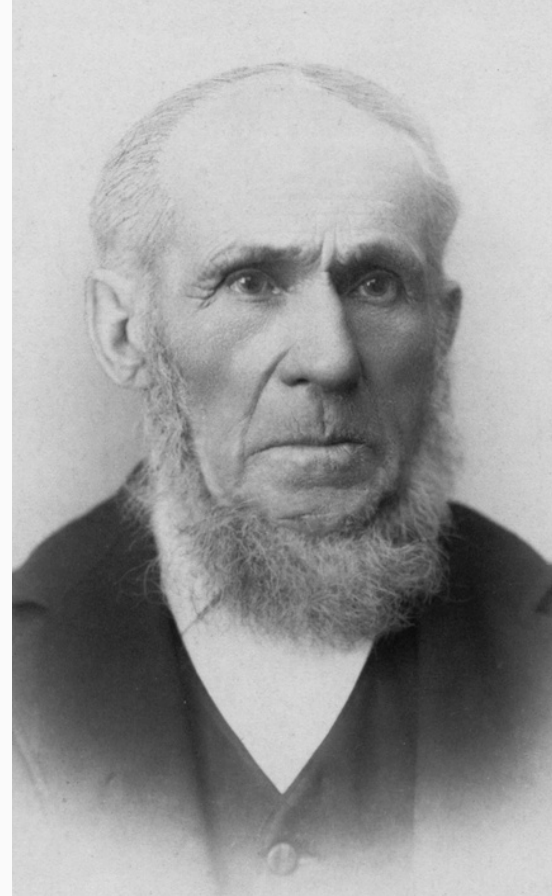
At the beginning of the symbolic pathway revealed to youthful Ellen was a bright light, identified by the angel as the midnight cry, an expression linked with the climactic preaching in the summer and autumn of 1844 of the imminent Second Advent. In this vision she saw Christ as leading the people to the city of God. Their conversation indicated that the journey would be longer than they had anticipated. Some lost sight of Jesus and fell off the pathway, but those who kept their eyes on Jesus and the city reached their destination in safety. It is this that we find presented in "My First Vision" on pages 13-17. EW xvi.2



John Byington

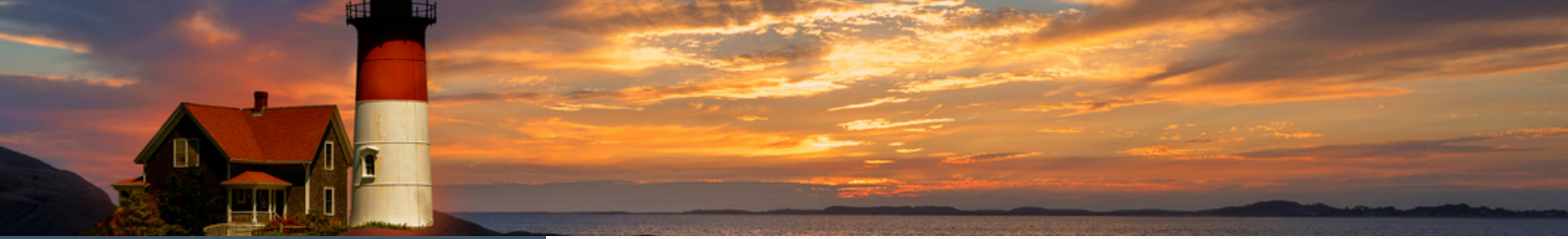
ADVENTIST PIONEER SPOTLIGHT

John Byington (1798–1887) was a lay preacher and first president of the newly organized Seventh-day Adventist church. Born in Vermont, son of a Methodist preacher who had served as a soldier in the Revolutionary army. John was baptized into the Methodist church at age 17. He shortly was given a license to preach as a lay preacher. After moving to New York state, he helped build a house of worship for the Methodist Church around 1837 in Buck's Bridge. He became strongly involved in the antislavery movement, which eventually led to a schism in the Methodist church. John joined the new Wesleyan Methodist Church and helped to build its church building and parsonage in Morley. In 1844 he heard sermons on the soon coming of Christ, and began studying the prophecies. In 1852 H. W. Lawrence gave him a copy of the Review and Herald containing articles on the seventh-day Sabbath. He accepted the Sabbath truth before the year was out, and was baptized. He helped then to build the first Sabbath-keeping Adventist church built for that purpose. James & Ellen White invited the Byingtons to move to Battle Creek in 1858. John bought a farm nearby, and from there would travel to minister to the scattered believers. In 1863 at age 65 he accepted the first presidency of the newly organized Seventh-day Adventist church. He worked as a genuine shepherd and pastor during his term in office. Then he returned to his farm, but continued his visitation of believers throughout Michigan for the next 22 years. "I must feed the lambs of the flock," he wrote.



"We may be baptized, and have our names written in the church book— all good in its place; but unless the Holy Spirit fills the heart, we cannot have peace with God; we shall have no power to withstand the power of darkness."

JOHN BYINGTON



“No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you”

JOHN 15:15, NKJV



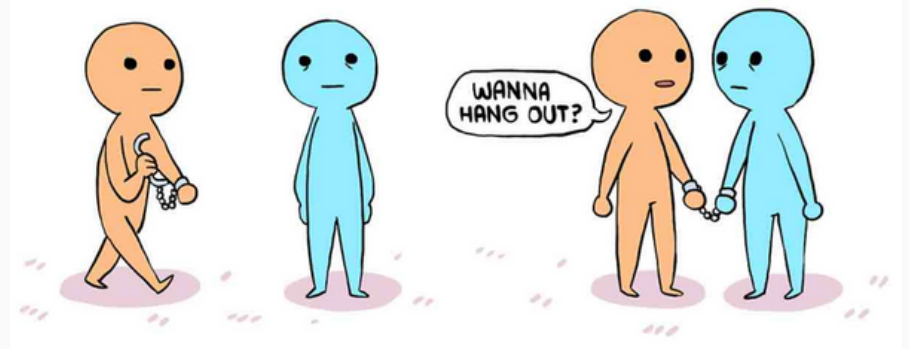
National New Friend's Day

OCTOBER 19

We can always use another friend, particularly one in Jesus. There may be a national day dedicated to this initiative but it's a good reminder that we should be making new friends regularly, even during a pandemic. Don't worry yourself about a time commitment. Some of us hesitate thinking we won't have time for new friends but consider these three definitions of "friend" from dictionary.com:

1. A person attached to another by feelings of affection or personal regard
2. A person who gives assistance; patron; supporter
3. A person who is on good terms with another; a person who is not hostile

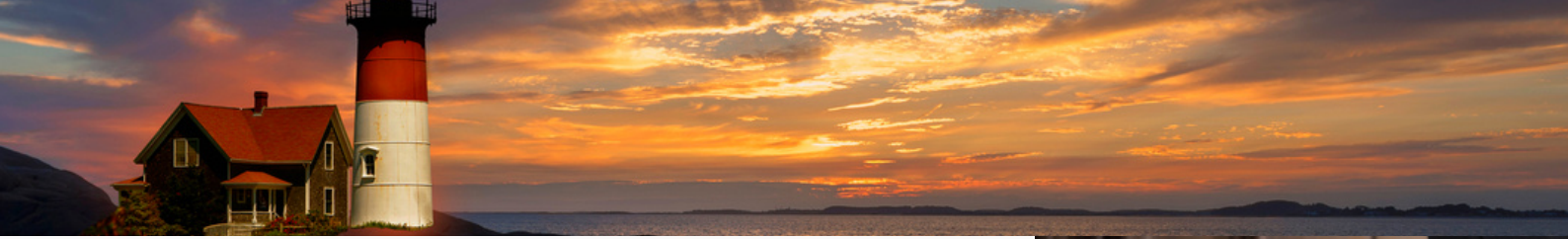
How to make friends as an adult



Are you a bit of an introvert and wondering how to make new friends? I found this WikiHow article that's adorable and brilliant.

1. Find people by making yourself available, join a club or organization, volunteer for a cause you care about, and reach out to your existing friends (network!)
2. Look for opportunities to talk to people, smile and make eye contact, use conversation starters and small talk, and ask them to hang out or talk at a future date
3. Maintain your friendship. Be a good friend; trustworthy, reliable, and full of the love of Jesus!

<https://www.wikihow.com/Make-Friends>



Tithes & Offerings

ONLINE GIVING TIPS & TRICKS

You might be feeling a bit overwhelmed with all of the technology that has to be used to keep us connected. Here, we are highlighting the information you need to easily make your tithe and offering donations.

Online Giving for Bonney Lake SDA Members

- On your computer or phone browser:
 - <https://adventistgiving.org/#/org/ANIMCB/envelope/start>
- Download the app on iOS or Android:
 - Go to the app store on your phone or tablet and search "Adventist Giving".

Mail Your Tithe & Offerings

- Be sure to indicate on your check or in an accompanying note where your offerings should go.
- Mail to Bonney Lake SDA Church at 11503 214th Ave E, Bonney Lake, WA 98391



Offerings & Sunset Calendar			
Oct 3	Local Church Ministries	6:43	6:42
Oct 10	WB: Voice of Prophecy	6:30	6:28
Oct 17	Local Church Ministries	6:17	6:15
Oct 24	Washington Youth: Education	6:04	6:03
Oct 31	WA: Evangelism	5:53	5:51
Nov 7	Local Church Ministries	4:43	4:41
Nov 14	WB: Global Mission	4:34	4:33
Nov 21	Local Church Ministries	4:27	4:26
Nov 28	Washington Youth: Sunset Lake	4:22	4:21

"Honor the Lord with thy substance and with the firstfruits of all thine increase."

PROVERBS 3:9



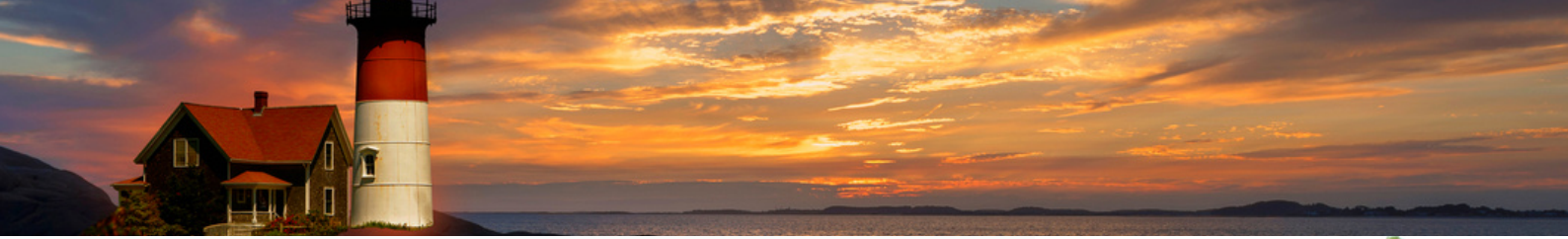
Pathfinders

Since we Pathfinders were affected by COVID-19 we started to look for things we could do to reach others and still social distance. We had painted some rocks and decided to start a "Kindness Rock Garden" out in front of the church near the road. You can take a rock for encouragement, take one to share or share one you painted to share with others. Check it out for yourself and share with a friend.



Help needed: Children's Disaster Services in conjunction with the Red Cross, does childcare during disasters (floods, hurricanes, tornados, wild fires etc.) Due to COVID-19 they have had to regroup and plan a different way to help the children and their families. They are asking for help putting together individual kits of comfort. Each kit has the same items in it along with a letter to parents on how to help their child as they deal with disaster. There are also suggestions on ways to use each item. We have put together 60 kits but would like to make more if we can. Each kit cost around \$15 to put together. If you would like to sponsor the making of more kits and or help us put more of them together, please let Karen Fiedler or Ron Ringering know.

Thank you,
Karen Fiedler



Health Ministry

October is Vegetarian Month!

Vegetarian Month is an annual designation observed in October. Even if you're a meat eater, now's the time to give some vegetarian recipes a try! As you probably know, vegetarianism is hugely popular among the millennial crowd. However, you may NOT know that it's been around since before recorded history. Crazy, right? It's one of the oldest diets in the book.

HEALTH BENEFITS

A vegetarian diet is rich in antioxidants and vitamins. Lifestyles that are high in fruits, veggies, and other plant-based foods provide some of the most essential nutrients we need.

Eating less meat supports heart health because it helps lower inflammation, and is high in dietary fiber. Plant-based foods can also significantly lower body mass index, which also promotes a healthy heart.

Vegetarian diets can also help with weight loss if you keep processed carbs out along with the meat. If most of what you eat is fruits, vegetables, legumes, nuts, and seeds, it can actually be quite easy to lose weight. Cutting out meat may help to reduce your risk of diabetes, according to Loma Linda University School of Public Health.

Finally, contrary to popular belief, you can still get plenty of protein on a vegetarian diet. If you do it right, it easily satisfies all of your nutritional needs.

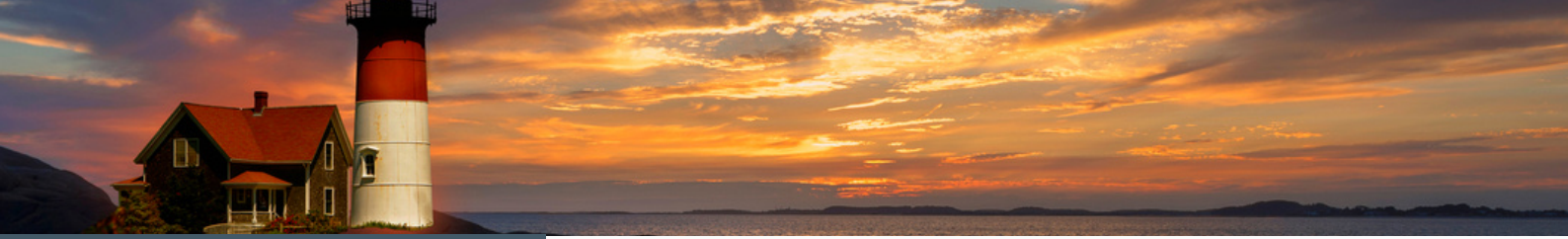
<https://nationaldaycalendar.com/vegetarian-month-october>

Ellen White wrote in 1903 "Is it not time that all should aim to dispense with flesh foods? How can those who are seeking to become pure, refined, and holy, that they may have the companionship of heavenly angels, continue to use as food anything that has so harmful an effect on soul and body? How can they take the life of God's creatures that they may consume the flesh as a luxury? Let them, rather, return to the wholesome and delicious food given to man in the beginning, and themselves practice, and teach their children to practice, mercy toward the dumb creatures that God has made and has placed under our dominion."—The Ministry of Healing, 317, 1905



"Vegetables, fruits, and grains should compose our diet. Not an ounce of flesh meat should enter our stomachs. The eating of flesh is unnatural. We are to return to God's original purpose in the creation of man."

MANUSCRIPT 115, 1903E



Decaf does not mean caffeine-free; it means some of the caffeine has been removed



Health Ministry Continued

Quitting Caffeine

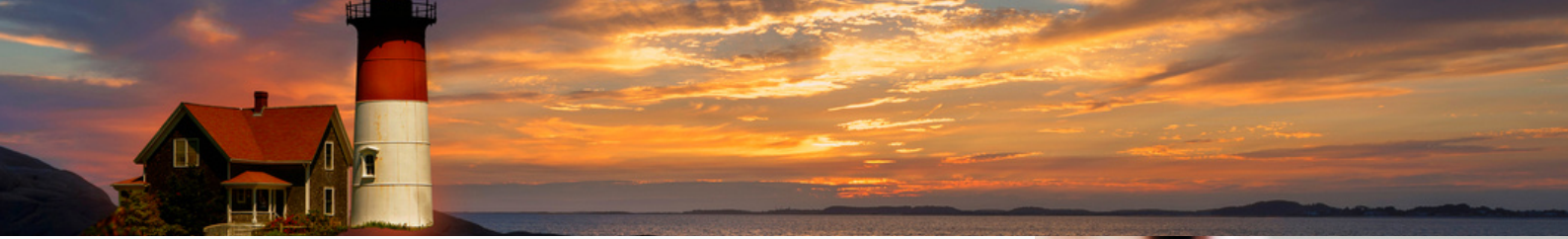
Did you know October is also Caffeine Addiction Recovery Month? If you're struggling with this addiction, you're not alone. Caffeine is the most widely used drug in the world. In the United States, it is estimated that 80-90% of children and adults consume caffeine regularly and Americans are steadily increasing their caffeine intake each year.

Ellen White shares this in *Counsels on Diet and Foods* (the reference to coffee and tea is directly addressing caffeine):

Coffee is a hurtful indulgence. It temporarily excites the mind to unwonted action, but the aftereffect is exhaustion, prostration, paralysis of the mental, moral, and physical powers. The mind becomes enervated, and unless through determined effort the habit is overcome, the activity of the brain is permanently lessened. All these nerve irritants are wearing away the life forces, and the restlessness caused by shattered nerves, the impatience, the mental feebleness, become a warring element, antagonizing to spiritual progress. Then should not those who advocate temperance and reform be awake to counteract the evils of these injurious drinks? In some cases it is as difficult to break up the tea-and-coffee habit as it is for the inebriate to discontinue the use of liquor. The money expended for tea and coffee is worse than wasted. They do the user only harm, and that continually. Those who use tea, coffee, opium, and alcohol, may sometimes live to an old age, but this fact is no argument in favor of the use of these stimulants. What these persons might have accomplished, but failed to do because of their intemperate habits, the great day of God alone will reveal. {CD 421.6}

Take the month of October to resolve to remove this drug from your lifestyle. When you feel like you need a pick-me-up, take a walk or take 5 minutes to stretch. If you enjoy the act of drinking something hot, switch to herbal tea or try a coffee replacement product like Pero or Roma which are made from barley, malted barley, chicory, and rye. Replace chocolate with carob bits or powder. And most importantly, PRAY!

The necessity for the men [and women] of this generation to call to their aid the power of the will, strengthened by the grace of God, in order to withstand the temptations of Satan, and resist the least indulgence of perverted appetite, is twice as great as it was several generations ago. {CD 428.1}

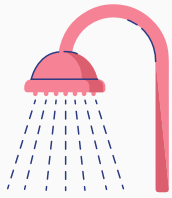


Health Ministry Continued

Breast Cancer Awareness

Breast cancer is the most common cancer diagnosed in women and it's the second leading cause of death behind lung cancer. While it's rare, it's also possible for men to get breast cancer. There are typically no symptoms when the tumor is small and most easily treated, which is why early detection is so important. The most common physical sign is a painless lump. Less common signs and symptoms include breast pain, persistent changes in the skin, and nipple discharge. If you encounter of these concerns, you should schedule an appointment with your doctor.

Regardless of your age, women should be performing breast self-exams every month. You get the best results in the shower since the water allows you to better feel irregularities. Here are 3 ways you can perform a breast self-exam at home.



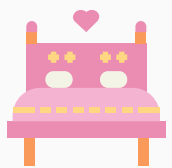
In The Shower

With the pads of your 3 middle fingers on one hand, check the entire breast and armpit area pressing down with light, medium, and firm pressure. Check both breasts feeling for any lump, thickening, hardened knot, or any other breast changes.



In Front of a Mirror

Visually inspect your breasts with your arms at your sides, then with your arms raised overhead, and last with your palms on your hips pressed firmly to flex your chest muscles. Look for any changes in the contour, any swelling, or dimpling of the skin, or changes in the nipples.



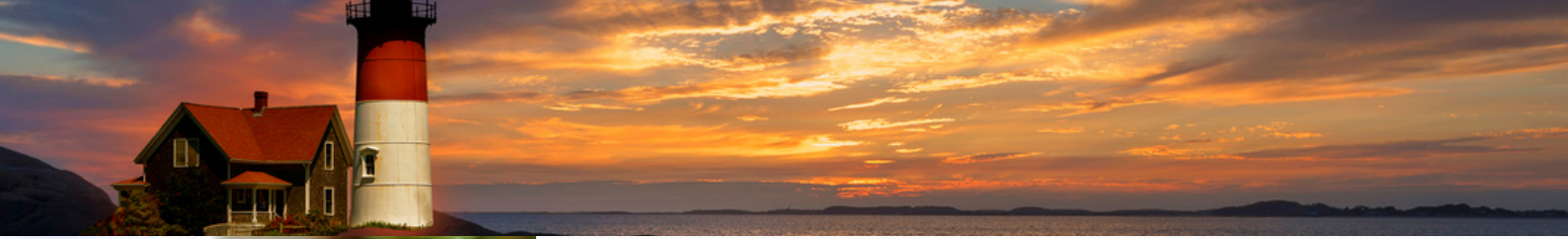
Lying Down

When lying down, the breast tissue spreads out evenly along the chest wall. Place a pillow under your right shoulder and your right arm behind your head. Using your left hand, move the pads of your fingers around your right breast gently covering the entire breast area and armpit. Use light, medium, and firm pressure. Squeeze the nipple; check for discharge and lumps. Repeat on the left side.



Perform monthly breast self-exams and schedule annual mammograms if you're 40+

NATIONAL BREAST CANCER
FOUNDATION, INC.



Plant-based Recipes

COZY AUTUMN DISHES

If you have sensitivity to any of the ingredients in these recipes, reach out to Sara Stickle (sarastickle@gmail.com) to get recommended substitutes!

PUMPKIN CHILI

This recipe and photo is courtesy of skinnytaste.com with a couple edits. This delicious chili features pumpkin and is packed with veggies. Add any other veggies and beans you like!

Ingredients

For seasoning mix:

- 1 tablespoon chili powder
- 1 teaspoon ground cinnamon
- 2 teaspoons kosher salt
- 1/8 teaspoons ground cloves
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon cayenne pepper

Ingredients

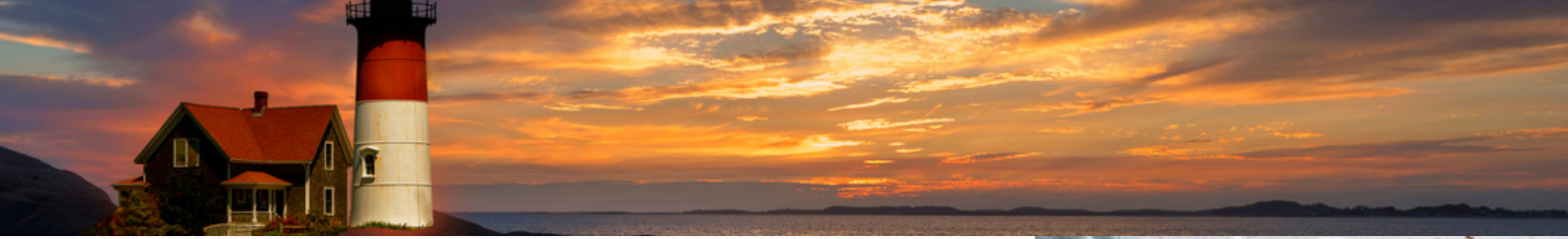
For chili:

- 2 teaspoons olive oil
- 1 medium onion, diced
- 2 large cloves garlic, minced
- 2 tablespoons fresh ginger, finely minced
- 2 medium carrots, diced into 1/2-inch cubes
- 4 large Portobello mushrooms, stemmed, wiped clean and cubed
- 2 cups frozen corn
- 1 28-ounce can fire roasted diced tomatoes
- 1 15-ounce can pureed pumpkin
- 1 15 ounce can black beans, drained and rinsed
- 2 cups unsalted vegetable stock

Instructions

- In a small bowl, combine everything in the seasoning mix. Set aside.
- Heat the olive oil in a large heavy pot or Dutch oven over medium-high heat.
- Add the onion, garlic, and ginger; sauté until vegetables are soft, about 3-4 minutes.
- Add the carrots and mushrooms and cook until carrots start to brown and mushrooms release some of their liquid, stirring occasionally, about 6 minutes.
- Add the seasoning mix and stir to evenly coat.
- Add the corn, tomatoes, pumpkin, beans and stock and mix well.
- Cover, reduce heat to medium-low, and simmer for 45 to 50 minutes, stirring occasionally.
- When carrots are fork tender, remove from heat, serve 1 cup of chili and top with desired toppings.

https://www.skinnytaste.com/hearty-vegetarian-pumpkin-chili_11/



APPLE RHUBARB CRISP WITH MAPLE AND GINGER

Apples mellow rhubarb's tart bite in this rustic fruit dessert lidded with crisp, whole grain crumbles. Now including vegan, gluten-free, and refined sugar-free variations.

Ingredients

For Fruit

- 4 large semi-tart apples, such as Pink Ladies, Honeycrisp, Cameos, or Fujis (1 1/2 pounds/ 4 cups prepared)
- 1 pound rhubarb, leaves trimmed away, in 1" slices (4-5 large stalks, 4 cups prepared)
- 1 teaspoon finely grated ginger root
- 1 teaspoon vanilla paste or extract
- 1/4 teaspoon fine sea salt
- 2 tablespoons all-purpose flour (or 1 tablespoon cornstarch)
- 1/2 cup maple syrup (more if your apples are very tart)

Ingredients

For Crisp Topping

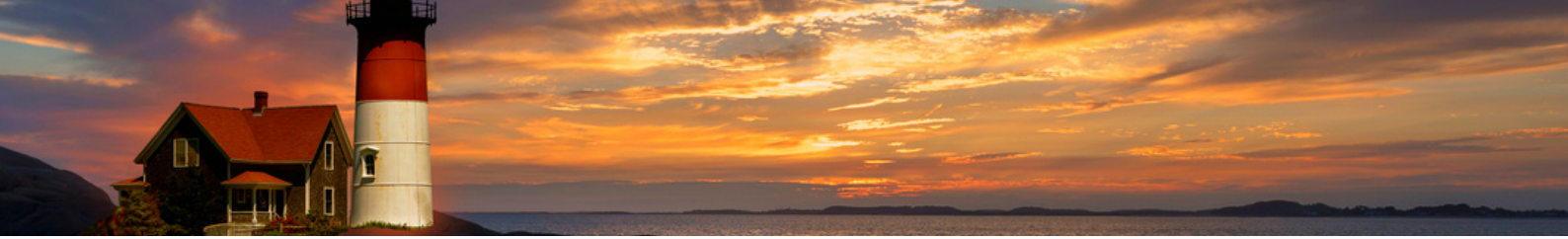
- 4 large semi-tart apples, such as Pink Ladies, Honeycrisp, Cameos, or Fujis (1 1/2 pounds/ 4 cups prepared)
- 1 pound rhubarb, leaves trimmed away, in 1" slices 4-5 large stalks, 4 cups prepared)
- 1 teaspoon finely grated ginger root
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- 1/4 teaspoon fine sea salt
- 2 tablespoons all-purpose flour (or 1 tablespoon cornstarch)
- 1/2 cup maple syrup (more if your apples are very tart)

Instructions

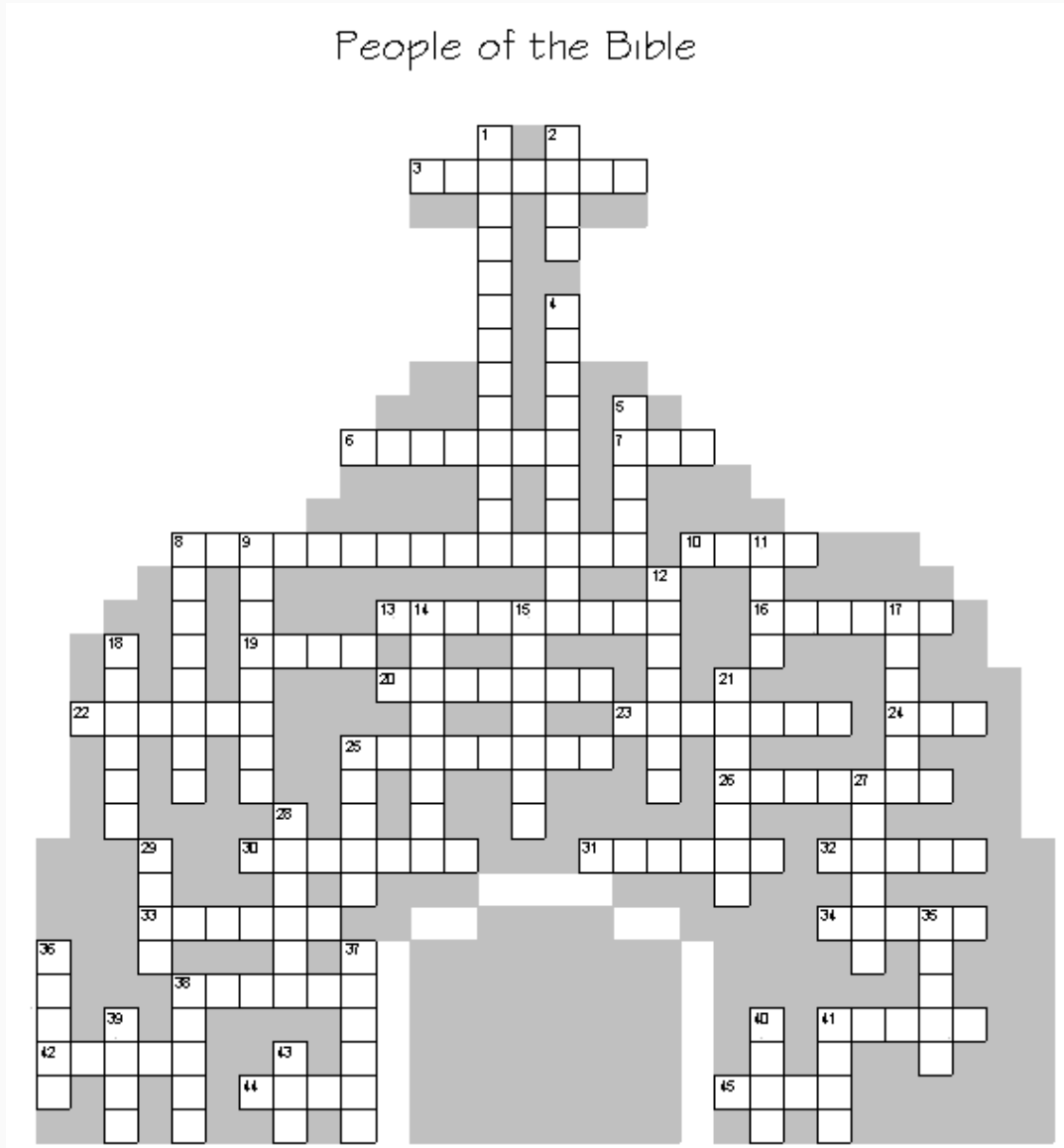
- Position a rack in the lower third of the oven and preheat to 350°F.
- If the apple skins are red and pretty, leave them on; or peel them, it's your call. Cut the apples off the core and into 1-inch chunks; you should have 4 cups. Toss the apples and rhubarb in a very large bowl with the ginger, vanilla, salt, flour, and maple syrup. Scrape into a 9 x 13-inch baking dish, an 8 x 12-inch gratin dish, or the equivalent.
- In another large bowl, combine the oats, flour, sugar, cinnamon and salt (and nuts, if using). Stir to combine, then add the melted butter and work with your fingers until it begins to clump into a gravelly texture. Sprinkle the topping over the fruit.
- Bake the crisp for about an hour, until the crisp is golden brown and the fruit is bubbling up furiously around the sides. Remove and let stand for at least 10 minutes. Serve hot, warm, or at room temperature with scoops of vanilla ice cream.
- Store leftover crisp in the refrigerator for up to four days. Reheat before serving, or enjoy cold with yogurt for breakfast.



<https://bojongourmet.com/apple-rhubarb-crisp-with-maple-and>



Crossword Puzzle



ACROSS

- 3. Title of the kings of Egypt
- 6. Deceives Samson
- 7. First woman
- 8. Builder of Babylon; takes Jerusalem captive
- 10. First man
- 13. Father of John the Baptist
- 16. Queen who helped Mordecai save the Jews
- 19. Brother of Jesus
- 20. Prophetess and judge of Israel
- 22. Aaron's sister who leads a victory song
- 23. Called out of his tomb
- 24. Afflicted by Satan
- 26. Saul's son, loved by David
- 26. Paul's young "son in the faith"
- 30. A king known for his wisdom
- 31. Thrown into the lion's den
- 32. Swallowed up by a great fish

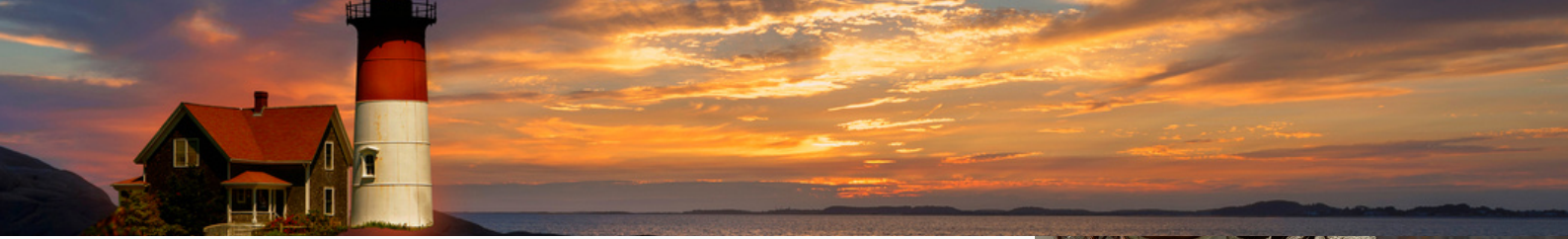
- 33. Jacob's eldest son
- 34. A shepherd boy who God chose to king
- 38. Destroyed Jericho
- 41. Betrayed the Christ
- 42. Led the Israelites out of Egypt
- 44. Built an ark
- 45. Married Boaz

DOWN

- 1. First to see the risen Christ
- 2. Killed Abel
- 4. The handwriting was on his wall
- 5. Fisherman who walked on water
- 8. Cupbearer to Artaxerxes I; rebuilt Jerusalem's wall
- 9. Jacob's youngest son
- 11. First murder victim
- 12. Son of Abraham and Hagar
- 14. One of the three who survived the fiery furnace

- 15. Father of the faith
- 17. Transported into heaven in a chariot of fire
- 18. Brought Nathanael to Christ
- 21. Tax collector who became an apostle
- 25. Wrestled with an angel
- 27. Doubtful one
- 28. Had a coat of many colors
- 29. Mother of Jesus
- 35. Promised son of Abraham
- 36. Ruth's mother-in-law
- 37. Lazarus' busy sister
- 38. The Lamb of God
- 39. Hairy hunter who sold his birthright
- 40. First king of Israel
- 41. Wrote the book of Revelation
- 43. Abraham's nephew whose wife turned to salt

<http://www.akidsheart.com/bible/cwpplp.htm>



Spot the Differences

The Woman at the Well Spot the Differences

Compare the picture on the top with the picture on bottom. Circle the 11 things that are different.



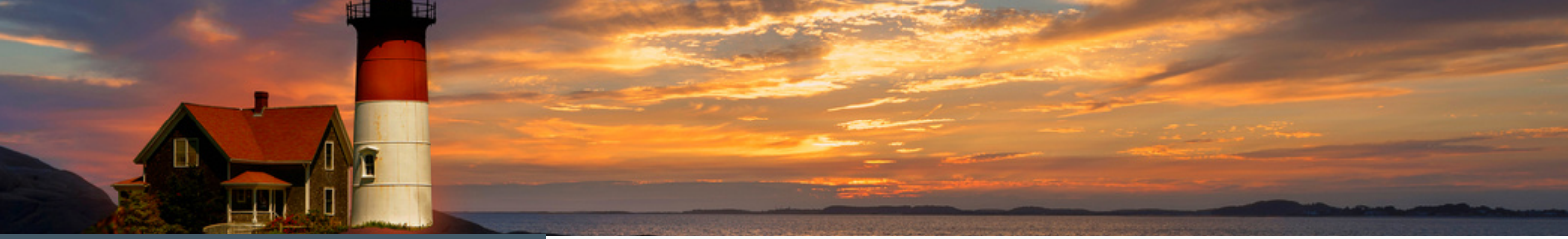
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Answers: Man between the trees, spot on head scarf, woman's belt color, water jug pattern, skirt bottom pattern, city in the background, rope in the well, Jesus' belt color, Jesus' mustache, Jesus' shoe, rock in the lower right corner



Jesus answered and said to her, "Whoever drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life."

JOHN 4:13, 14



Approximately
3.3 million
dogs enter
shelters
every year

ASPCA



October is Adopt-a-Shelter-Dog Month

39 YEARS RUNNING

In 1981, the American Humane Association founded Adopt A Dog Month in response to the growing number of dogs entering shelters every year. According to the ASPCA, around 3.3 million abandoned dogs enter shelters every year; many are are abused.

You may not realize all the the benefits of adoption that you'll enjoy. Your activity will be increased by walking and playing with your dog, you'll develop patience as you learn to train him/her, and you'll get unconditional love and snuggles from your new best friend.

God calls us to be good stewards of His creation. Even if you aren't able to adopt a dog (or any animal that needs a home), consider volunteering. Dogs love to be walked, played with and loved even if they haven't found their forever home. Every moment they spend socializing increases their chance for adoption. If you're not able to volunteer either, consider donating to keep these shelters open and funded to continue caring for animals that desperately need a home.

Adopt

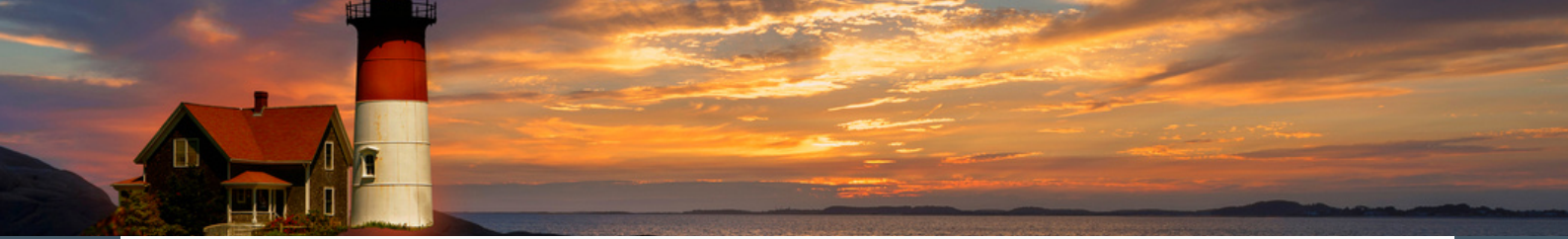
If you are ready to open your heart and home to an animal in need, please consider adopting a pet today. Reach out to your local shelter.

Fundraise

Join ASPCA on Facebook, Twitter and Instagram for 31 Days of Rescue Dogs! All you have to do is post one photo a day of your favorite rescue dog for 31 days on your favorite social media channel using the hashtag #31DaysOfRescueDogs. Ask your friends and followers to donate \$1 a day to your Team ASPCA fundraiser page in exchange for 31 days of adorable doggie photos. Just \$31 can help provide food, shelter and the chance at a loving home for a dog in need. ASPCA will send you a Team ASPCA tote bag when you raise \$250 or more!

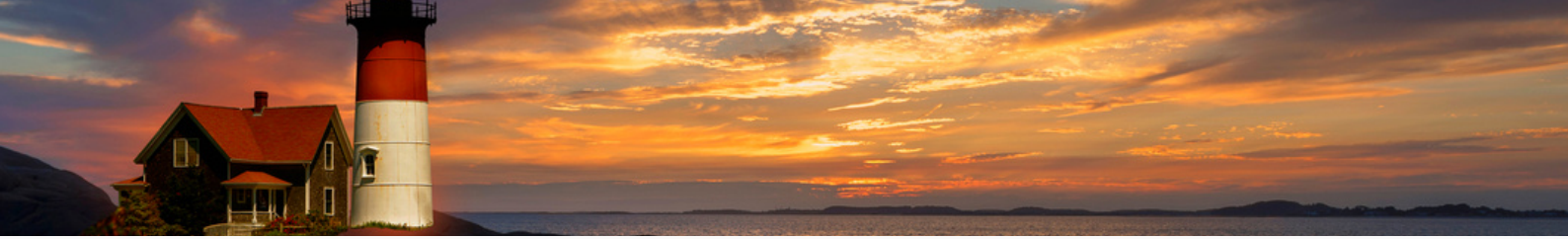
Give

Your generous contribution will help support rescues, grants, and adoption programs, and will help get more animals off the streets and out of harm's way.



Who to Contact

Pastor: Bruce Koch
Audio & Visual Systems: Bob McDonald & Ben Hiebert
Board Members Chair: Mike Herman
Bulletin Board: Shari Ringering
Bulletin Secretary: Sharon Paiz
Children's Story Coordinator: Traci Comstock
Choir Head: Open
Church Clerk: Jennifer Hamerly
Church Administrative Assistant: Jill Anfinson
Community Services: Fred & Mary Lou Haskell
Head Deacon: Lloyd Buras
Deacons: Marty Beard, Robert Cassidy, Vaun Fiedler, Fred Haskell, Ben Hiebert,
Lowell Hoffman, Ed Lindsay, Marc Mann, Boo McDonald, Jordon McDonald
Head Deaconess: Janice Ellison
Deaconesses: Marina Koch, Lila Lindsday, Sharon Paiz, Julie Ringering, Sara
Stickle, Joana Schoeneman, Susan Young
Disaster Response Preparedness: Marty Beard
Head Elder: Mike Herman
Elders: Norm Peckham, Wayne Hurley, Ron Ringering, Mark Shoeneman
Fellowship Dinner Committee Co-heads: Lloyd & Linda Buras
Finance Committee Chair: Ron Ringering
Flower Coordinator: Kaitlyn Herman
Health Ministries Head: Open
Hospitality Committee Head: Rigo and Maria Salinas
Librarian: Open
Literature Rack & Periodical: Marty Beard
Loss Control Head: Lloyd Buras
Music Ministry & Special Music Coordinator: Kaitlyn Herman
Newsletter Editor: Sharon Paiz
Nominating Committee Chair: Mike Herman
Organist & Pianist: Eileen Anderson
Outside Reader Board Head: Sara Stickle
Pathfinders: Karen Fiedler
Personal Ministries Head: Sara Stickle
Photographer Head: Vaun Fiedler
Praise Team Head: Kaitlyn Herman
Prayer Coordinator: Starla McDonald
Public Relation: Kaitlyn Herman
Religious Liberty Representative: George Beaver
Sabbath School Secretary: Open
Sabbath School Superintendent: Ruth Matson
Senior Ministries Representative (SAGE): Open
Social Committee Head: Karen Herman
Technology: Ben Hiebert
Head Treasurer: Linda Buras
Head Usher: Lloyd Buras



Seventh-day Adventist Beliefs

FOR OUR READERS WHO ARE OF DIFFERENT FAITHS

Seventh-day Adventists accept the Bible as their only creed and hold certain fundamental beliefs to be the teaching of the Holy Scriptures. These beliefs, as set forth here, constitute the church's understanding and expression of the teaching of Scripture. Revision of these statements may be expected at a General Conference Session when the church is led by the Holy Spirit to a fuller understanding of Bible truth or finds better language in which to express the teachings of God's Holy Word.

- | | |
|---|---|
| 1. Holy Scriptures | 15. Baptism |
| 2. Trinity | 16. The Lord's supper |
| 3. Father | 17. Spiritual Gifts and Ministries |
| 4. Son | 18. The Gift of Prophecy |
| 5. Holy Spirit | 19. The Law of God |
| 6. Creation | 20. The Sabbath |
| 7. Nature of humanity | 21. Stewardship |
| 8. The Great Controversy | 22. Christian Behavior |
| 9. The Life, Death and Resurrection of Christ | 23. Marriage and the Family |
| 10. The Experience of Salvation | 24. Christ's ministry in the Heavenly Sanctuary |
| 11. Growing in Christ | 25. The Second Coming of Christ |
| 12. The Church | 26. Death and Resurrection |
| 13. The Remnant and its Mission | 27. The Millennium and the End of Sin |
| 14. Unity in the Body of Christ | 28. The New Earth |

Join us for the following on Saturdays:

- 9:45am Lesson Study
- 11:00am Worship Service

Please visit us online at <https://bonneylakewa.adventistchurch.org>

If you know someone who wants to receive the newsletter, let us know! Provide their name and email address so we can add them to our distribution list. Have an article, photos or information for the next newsletter? Submit information by the 25th of each month for the next issue. Email newsletter@blsdachurch.org.



Our mission is to be a beacon of light in Bonney Lake, sharing the everlasting gospel of Jesus Christ, giving hope that all may have salvation, as we prepare for his imminent return.

BONNEY LAKE SEVENTH-DAY
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