

## Winter Newsletter

BY SHARON PAIZ & SARA STICKLE

Happy New Year, Church Family! We're excited to bring you the winter issue of our Bonney Lake SDA Newsletter. In it, you'll find inspiration for the new year, member submissions, event photos, profiles honoring individuals for African American History Month (February) and Women's History Month (March), and more! We hope you enjoy reading and sharing with your family, friends, and neighbors.



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"Now let every thought, every feeling be that of remembrance of God's love."

ELLEN G. WHITE



## A New Year's Day Letter

BY ELLEN G. WHITE

(Written to Dr. and Mrs. J. H. Kellogg, January 1, 1886.)

I wish you a happy new year. The old year with its burden of record has passed into eternity. Now let every thought, every feeling be that of remembrance of God's love. Let us gather up one token after another....

The evidence we have of God's care and love for us is expressed in the lessons Christ gave to His disciples upon the things in nature. . . . The eye is not to be fastened upon deformity, upon the curse, but upon the riches of the grace of Christ that has been provided so abundantly, that we may live in this world, and act our part in the great web of humanity, and yet not be of the world. As pilgrims, as strangers looking for the bright things of God, the joy that is set before us, seeking a city whose builder and maker is God, and by beholding the provisions made for us, the mansions Jesus has gone to prepare for us, talking of the blessed home, we forget the annoyances and the fretting cares of this life. We seem to breathe in the very atmosphere of that better, even the heavenly country. We are soothed, we are comforted; we are more than this, we are joyful in God.

We could not know that gracious purposes of God toward us, but for the promises, for it is from them alone we learn what He has prepared for those who love Him. As the flowers in God's wise economy are constantly drawing the properties from earth and air to develop into the pure and beautiful buds and flowers and give forth their fragrance to delight the senses, so shall it be with us.



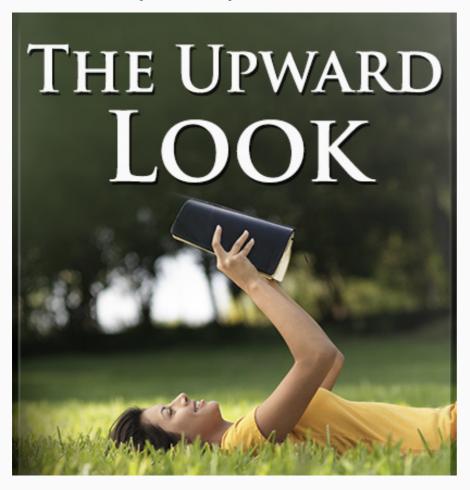


## A New Year's Day Letter (Continued)

BY ELLEN G. WHITE

We draw from God's promises all that peace, that comfort, that hope that will develop in us the fruits of peace, joy, and faith. And by bringing these promises into our own life we bring them always into the lives of others. Then let us appropriate these promises to ourselves. . . . They are like the precious flowers in the garden of God. They are to awaken our hope and expectation, and lead us to a firm faith and reliance upon God. They are to strengthen us in trouble and teach us precious lessons of trust in God. He in these precious promises draws back from eternity and gives us a glimpse of the far more exceeding and eternal weight of glory. Let us then be quiet in God. Let us calmly trust in Him and praise Him that He has shown us such revelations of His will and purposes that we shall not build our hopes in this life but keep the eye upward to the inheritance of light and see and sense the amazing love of Jesus.

Published in The Upward Look, p. 15.



"Let us then be quiet in God. Let us calmly trust in Him and praise Him that He has shown us such revelations of His will . . ."

ELLEN G. WHITE



"Study the best method, that [they] may not raise prejudice nor stir up combativeness. This could be done by speaking upon points of agreement, giving evidence that one is a Christian, and expressing care for them."

**ELLEN WHITE** 



## Women's Adventist Pioneers-Maud Boyd

ELLEN G. WHITE ESTATE

Maud was a Bible instructor, colporteur, and missionary, who was born in England and emigrated to Michigan in 1863. At the invitation of Ellen White, Maud moved to Battle Creek in 1867 to work as a compositor at the Review and Herald. She participated in a number of denominational "firsts." She attended the first official Adventist camp meeting in Wright, Michigan, in 1868. In 1877 Maud joined J. N. Andrews in Switzerland, the first Seventh-day Adventist single female called to foreign service. She set type for the first tracts in Italian, learning on the job. In 1879 she left for England to assist J. N. Loughborough as a Bible instructor, colporteur, and tent evangelist. Picture: Returning to the United States, she met Charles, and by 1884 they were married. Ellen White wrote them a letter that is considered to be one of her most important missiological statements, outlining a strategy for establishing the Adventist Church in unentered territories. She urged them to abandon preconceived ideas about approaching people, but to "give dignity and character to the work." They should not feel "that the only way they can do [evangelism] is to go at the people pointedly, with all subjects of truth and doctrine as held by Seventh-day Adventists, for this would close their ears at the very onset." Instead, she urged them to study "the best method, that [they] may not raise prejudice nor stir up combativeness." This could be done by speaking upon points of agreement, giving evidence that one is a Christian, and expressing care for them. Returning to the United States in 1887, the Boyds conducted evangelistic meetings in the southern United States, where Charles died in 1898. The following year Ellen White, who was caring for Maud's sister, Nellie Starr, at Sunnyside, urged her to come to Australia and work with G. B. and Nellie Starr "in faith and hope and courage in the Lord" (Letter 30, 1899). For nine years (1899-1908) Maud served as cafeteria director, women's dean, and teacher at Avondale College, followed by three years (1908-1910) as a Bible instructor in New South Wales and Victoria. Returning to the United States in 1910, she became a Bible instructor at Loma Linda Sanitarium and at Glendale Sanitarium, finally retiring at the age of 76. She died in 1937 and was buried beside her grandmother Sisley in the Avondale Cemetery.

https://ellenwhite.org/people/18159



## **Black History Month-Mary Britton**

**COURTNEY L THOMPSON** 

Mary E. Britton, educator, social activist journalist, physician, and ardent believer was born during the antebellum era in Lexington, Kentucky, on April 16, 1855. Lexington was the "epicenter of the slave trade in Kentucky." Thus, as black residents of Lexington, Britton and her family would have recognized the thin, sometimes indistinguishable, line between bondage and freedom. Her parents, Henry Harrison and Laura Marshall Britton, were free blacks who had ten children. Mary Britton was the third.

The Britton's are credited with instilling in their children a desire for education. Given the racially segregated culture of the South, Britton's early education occurred in private schools for African Americans operated by the American Missionary Association. From 1871 until 1874, Britton, along with her sister Julia, attended Berea College. They were the "first two African American graduates of Berea College." However, circumstances actually caused them to leave the school a month before the 1874 graduation ceremony.

In 1874, both of Britton's parents died. This dual loss altered the course of her life. The exigencies of a life without the support of her parents, according to Karen Cotton McDaniel, "forced her to leave Berea College without graduating and to seek employment as a teacher." In order to sustain herself, Britton began teaching in the segregated public school system in central Kentucky and joined the Kentucky Negro Education Association founded in 1877. Britton had been a member of the Episcopal church when she joined the Seventh-day Adventist church in 1893, one of eighteen charter members of the black church in Lexington. At that time, the Adventist church had only just begun efforts to evangelize black Americans and had only two full-time black ministers. It was through the preaching and witnessing of one of these men, Alonzo Barry and his wife, that Britton came to accept the Adventist message.



"The Britton's are credited with instilling in their children a desire for education."

COURTNEY THOMPSON



involvement in the life of her church as a clerk and fundraiser demonstrated her desire to advance its local mission and global outreach projects"



## **Black History Month (Continued)**

COURTNEY L THOMPSON

Britton's involvement in the life of her church as a clerk and fundraiser demonstrated her desire to advance its local mission and global outreach projects, and the financial reports in the Southern Union Worker suggest that she was faithful in her giving.

In 1897, Britton retired from teaching in order to pursue her interest in medicine at the American Medical Missionary College in Battle Creek, Michigan, headed by Dr. John Harvey Kellogg. She also studied at the school's Chicago campus, and graduated in 1902. She furthered her studies at Howard Medical School in Washington, D.C. and Meharry Medical College in Nashville, Tennessee.

The first black woman to become a licensed physician in Lexington, Britton focused on addressing the healthcare needs of black Americans who were refused care by hospitals and physicians bound by the dictates of "separate but equal." In a photograph taken at a 1910 meeting of the Medical Society of Negro Physicians in Kentucky, Britton is the only woman visible. Indeed, black female physicians were rare. Working from her home, Britton provided a range of services for her patients, including hydrotherapy, electrotherapy, and massage. In 1923, she retired from her work as a physician.

Mary E. Britton died in 1925 when she was seventy years old. At the end of her life, Britton left her library, perhaps one of her greatest worldly possessions, to her church.

https://encyclopedia.adventist.org/article



# Five Things That Happen When We Give to God

#### BY MITCH NELSON

One of the best byproducts of starting a new healthy habit is beginning to see the results. When you start eating healthier or cutting sugar out of your diet, the pounds start coming off. When you start working out at the gym, you begin to see more muscle definition, and you feel stronger. Every time you start a healthy new habit, you will get good results, and the habit of being generous and giving to God is no different.

In 2 Corinthians, the apostle Paul is teaching the church at Corinth the importance of living with open hands and what it looks like to give in a way that honors God. At the end of his instruction, he tells them what they can expect to happen in their lives when they begin to do it.

#### 1. When we give, we will have all we need.

"And God will generously provide all you need."

#### 2 Corinthians 9:8

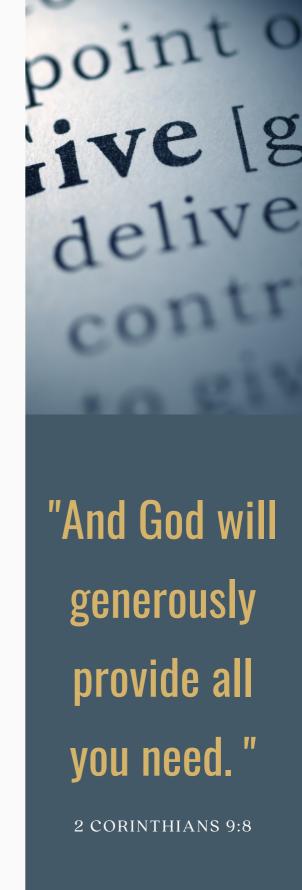
When we prioritize the things that are important to God, he takes care of the rest. God always makes sure we have enough to live on when we give to further his kingdom. It seems counter-intuitive to give away more and still somehow have enough, but it's how God works.

#### 2. When we give, we will bless others.

"Then you will always have everything you need and plenty left over to share with others."

#### 2 Corinthians 9:8

Giving toward what is important to God will always bless other people because people are what is important to him. Whether it is a regular gift to the church, an offering to missions, or investment in ministry, God's priorities always impact people for good.





"As a result of your ministry, they will give glory to God. For your generosity to them and all believers will prove that you are obedient to the Good News of Christ."

2 CORINTHIANS 9:13



# Five Things That Happen When We Give to God

BY MITCH NELSON

3. When we give, we will be equipped to be more and more generous.

"In the same way, he will provide and increase your resources and then produce a great harvest of generosity in you. Yes, you will be enriched in every way so that you can always be generous."

2 Corinthians 9:10-11

It's a basic biblical principle of stewardship—when we are faithful with a little bit, God will trust us with more. Generosity causes God to invest more in us because he knows we will continue to be generous. It's a cycle of God blessing us so we can give that goes on and on and on...

4. When we give, the people we help will be thankful.

"And when we take your gifts to those who need them, they will thank God...they will joyfully express their thanks to God."

**2 Corinthians 9:11-12** 

Doesn't it feel good to be part of making a difference in someone's life? Whether your giving helps someone learn about Jesus or feeds hungry kids around the world, they will be thankful. You changed someone's life for the better with your giving, and that means something to them.

5. When we give, people will be drawn to Jesus and respond to the Gospel.

"As a result of your ministry, they will give glory to God. For your generosity to them and all believers will prove that you are obedient to the Good News of Christ."

2 Corinthians 9:13

Your giving is directly tied to your testimony. The generosity of followers of Jesus draws people to Jesus because it reflects the generous heart of God. What this literally means is that when you give toward the ministries of the church, you are directly involved in leading people into a life-changing relationship with Jesus. It strengthens the testimony of the church and proves the Gospel to the world at large.

https://theforgotteninitiative.org/



## Tithes & Offerings

#### **GIVING TIPS**

#### Online Giving for Bonney Lake SDA Members

- On your computer or phone browser:
  - <a href="https://adventistgiving.org/#/org/ANIMCB/envelope/start">https://adventistgiving.org/#/org/ANIMCB/envelope/start</a>
- Download the app on iOS or Android:
  - Go to the app store on your phone or tablet and search "Adventist Giving"

#### Mail Your Tithe & Offerings

- Be sure to indicate on your check or in an accompanying note where your offerings should go
- Mail to Bonney Lake SDA Church at 11503 214th Ave E, Bonney Lake, WA 98391

# Offering & Sunset Calendar

| Jan 7  | Local Church Ministries       | 4:36 | 4:37 |
|--------|-------------------------------|------|------|
| Jan 14 | NAD: Religious Liberty        | 4:45 | 4:46 |
| Jan 21 | Local Church Ministries       | 4:54 | 4:56 |
| Jan 28 | Washington Youth: Education   | 6:05 | 5:06 |
| Feb 4  | Local Church Ministries       | 5:15 | 5:17 |
| Feb 11 | NAD: Adventist TV Evangelism  | 5:26 | 5:28 |
| Feb 18 | Local Church Ministries       | 5:37 | 5:39 |
| Feb 25 | Washington Youth: Education   | 5:48 | 5:49 |
| Mar 4  | Local Church Ministries       | 5:58 | 6:00 |
| Mar 11 | Work Budget                   | 6:08 | 6:10 |
| Mar 18 | Local Church Ministries       | 7:18 | 7:20 |
| Mar 25 | Washington Youth: Young Adult | 7:28 | 7:30 |





"Honor the Lord with thy substance and with the firstfruits of all thine increase."

PROVERBS 3:9



## **Member News & Announcements**

#### **Book Recommendations**

#### From Ed Lindsay:

I am happy to recommend a new book that I read recently. This book was introduced at the General Conference session in June 2022, and the author is not a stranger to many of us. The title of the book is *In the Spirit and Power* by Pavel Goia with Kelly Mowrer. I found this book is written very much like he speaks, so it is very interesting. Each chapter closes with a summary, and sprinkled throughout are suggestions of how he has been so directed by the Holy Spirit, which has made his ministry so successful.

If members have read his other book *One Miracle After Another* or seen any of his YouTube sermons, I think they would be interested in this book also.

#### From Marty Beard:

I'm reading The Great Controversy again; it's such an important resource for us to have in these last days.



#### **Board Gamers Unite!**

Is anyone interested in playing board games? Now, we're not talking Monopoly or Apples to Apples (although those are fun too), but strategy games that you might not have heard about, such as Civilization, Air Baron, or Railroad Tycoon. We're willing to teach you, so if you can handle a day of games, reach out so that we can talk. We would like to know if there is a group out there. —Doug "The Game Master" & Jennifer Hamerly, 253.320.1729 cell.



## Save the Dates!

NATURAL WONDERS-EASY HOME REMEDIES FOR HARMONIZED HEALTH

April 15, 16, 22, and 23, at 9:30 a.m. in the Fellowship Hall.

Explore four trending health topics and how to incorporate natural remedies for the best possible you. This is a community outreach effort brought to you by your Downstairs Sabbath School Class, so start thinking about inviting others.



A REVIVAL WEEKEND WITH PASTOR DENNIS PRIEBE

June 9 and 10.

There will be vespers on Friday, followed by presentations during Sabbath School and Worship Service. After a fellowship luncheon, we will have two more sessions. More details to come!

Dennis Priebe is a Seventh-day Adventist minister with more than 50 years of experience as a pastor, teacher, and seminar speaker. He spent 11 years as a professor at Pacific Union College and over 30 years as a seminar speaker for Amazing Facts. He has been married to Kay since 1964, and they have one son, Matthew. He has held over 1,000 seminars in churches and schools around the U.S. He has written several books and booklets as well as many audio and video tapes. His one desire is to prepare people for the very soon return of Jesus to this world.

Mark your calendars
for these exciting
ministry events
taking place at
Bonney Lake
Seventh-day
Adventist Church





## Christmas Nativity, Caroling, & Community Soup Feed













## Christmas Nativity, Caroling, & Community Soup Feed















## Christmas Nativity, Caroling, & Community Soup Feed















## **Worship Service at BLSDA Church**





















## **Worship Service at BLSDA Church**





















## Raynee McDonald's Baptism













# ADVENTIST POSSIBILITY

### **MINISTRY**

A possibility-thinking training with Larry R Evans

January 27–28, 2023



## We are surrounded by people who have possibilities.

"Angels of God are watching to see how we treat these persons who need our sympathy, love, and disinterested benevolence. This is God's test of our character." (3T:511)

Come to a FREE weekend training to learn more about how you can be a blessing to people with possibilities!



LARRY R EVANS
Possibility Champion



possibility2023.eventbrite.com





nohelani.jarnes@waconference.org



## **Herbal Remedies & Natural Body Care**

#### PROVIDED BY MICKI OKSANEN

#### Herbal Tea Blend

#### Ingredients:

1 part chamomile

1 part lemon balm

1 part peppermint leaf

#### Instructions:

- 1. use 1 cup of herbs per gallon, or ½ cup per half gallon, or ¼ cup per quart, or 2 Tbsp per pint or 1 Tbsp per cup
- 2. boil water and pour over tea leaves
- 3. let steep for 15-20 minutes
- 4.enjoy straight or with a small amount of honey and/or lemon if the tea is too bitter for your taste, try adding the chamomile flowers just 5–10 minutes before the tea is done steeping—the flowers can turn the tea bitter the longer they steep.



#### Herbal Cough Remedy

#### Ingredients:

1 cup honey (raw & local is best)

3 Tbsp lemon juice

6 cloves garlic (crushed)

2 inches ginger (chopped)

4 tsp turmeric (or 2 inches fresh)

1/4 tsp pepper

#### Instructions:

1. pour honey into a pint jar

2. add lemon juice & stir

3. add garlic, ginger, turmeric, and pepper, stir well

4. store in the fridge take a spoonful as needed



"There are simple herbs that can be used for the recovery of the sick, whose effect upon the system is very different from that of those drugs that poison the blood and endanger life."

MANUSCRIPT 73, 1908 ELLEN G. WHITE



# " [Our Savior] has supplied in the natural world remedies for the ills of man . . . "

SELECTED MESSAGES BOOK 2, P. 289 ELLEN G. WHITE



## **Herbal Remedies & Natural Body Care**

#### PROVIDED BY MICKI OKSANEN

#### **Healing Winter Salve**

#### Ingredients:

2 cups coconut oil (or olive oil)
2 Tbsp plantain
2 Tbsp comfrey
2 Tbsp calendula
1 Tbsp yarrow
1 Tbsp rosemary
1 Tbsp lavender
1/4 cup beeswax

#### Instructions:

- 1. create oil infusion by heating coconut oil along with herbs in a double broiler for 1–3 hours (can also use a crock pot)
- 2. strain oil infusion through 2-4 layers of cheesecloth, squeeze out the remaining oil
- 3. heat beeswax in a double broiler, add infused oil, stir, and remove from heat once it is melted and combined
- 4. pour into a jar or tin and refrigerate to set
- 5. apply as needed to skin irritations of any type!

#### Rosemary Chamomile Bath Soak

#### Ingredients:

2 cups Epsom salt
1/4 cup rosemary
1/2 cup baking soda
1/4 cup chamomile
1/4 cup rosemary e.o.
5 drops chamomile e.o.

#### Instructions:

4 drops ginger

- 1. add Epsom salt and baking soda to tub and turn on hot water to dissolve; agitate water or turn on jets
- 2. add cold water to bring down temp of the bath if necessary
- 3.crush or grind chamomile and rosemary herbs, then add essential oils and stir; pour herbs into the bath and agitate
- 4. soak for at least 20 minutes, pre-make in batches, and store in pint jars for a ready-to-go bath soak!

#### Essential Oil Gratitude Blend for Diffuser

Ingredients: Instructions:

6 drops orange 1. fill diffuser with water

6 drops coriander 2. add essential oils listed

3. diffuse for 30 minutes at a time





## **Plant-based Recipes**

#### DISHES USING OUR IN-SEASON FRUITS & VEGGIES

We're sharing recipes we've found that use fruits and vegetables that are in season during the winter months. These recipes may have been adapted from the original to make them plant-based or to coincide with our health message.

#### GREEN DETOX SOUP WITH TOASTED HEMP GREMOLATA

This is not your typical detox soup; this one is loaded with healthy fats and hemp seeds, a complete protein that keeps you full!

#### **Ingredients**

- 2 tablespoons high-heat oil
- 1 medium yellow onion, roughly chopped
- 1 fennel bulb, roughly chopped (fronds reserved)
- 1/2 teaspoon fine-grain sea salt
- 2 cups chopped kale leaves
- 2 cups low sodium vegetable broth

- 1 garlic head, minced
- 1/3 cup hulled hemp seeds
- Grated zest and juice of 1 lemon
- 1/4 cup loosely packed fresh cilantro
- 1/4 cup loosely packed fresh flat-leaf parsley
- Freshly ground black pepper, to serve (optional)

#### Instructions

#### To make the soup:

- 1. Heat 1 tablespoon of oil in a large pot over medium-high heat. When it shimmers, add the onions, chopped fennel bulb, and ¼ teaspoon of salt, and cook, stirring occasionally, until the onions just begin to brown, 3 to 5 minutes.
- 2. Stir in the kale and cook, stirring occasionally, until it wilts, 3 to 4 minutes. If any browned bits stick to the bottom of the pot while cooking, add 1 tablespoon water at a time to loosen them up.
- 3. Pour in the vegetable broth and bring to a boil, then reduce the heat to low and cover. Simmer, covered, for 10 minutes. Remove the pot from the heat.
- 4. Immediately stir in two-thirds of the minced garlic, then leave the soup uncovered for 10 minutes.

#### Meanwhile, make the gremolata:

- 1. Heat the remaining 1 tablespoon of oil in a medium skillet over medium heat. When it shimmers, stir in the hemp seeds, remaining ¼ teaspoon of salt, and remaining garlic.
- 2. Spread the mixture into a single layer in the bottom of the pan, then cook, stirring and redistributing into a single layer occasionally, until the hemp and garlic are golden brown and fragrant, about 3 minutes.
- 3. Transfer to a medium bowl and let cool for a few minutes. Chop the fennel fronds, then stir in the lemon zest and fennel fronds. Add the cilantro, parsley, and lemon juice to the soup.
- 4. Transfer the soup to a blender, or use an immersion blender in the pot, and blend until very smooth.
- 5. Ladle the soup into 2 bowls and top with a generous amount of the gremolata. Garnish with pepper.

https://www.skinnytaste.com/green-detox-soup



#### **BUTTERNUT RISOTTO WITH LEEKS**

Cozy up with a comforting bowl of Butternut Risotto with Leeks and Spinach, made with very little fuss in your Instant Pot pressure cooker.

#### **Ingredients**

- 2 tablespoons olive oil (or butter)
- 2 cups sliced leeks
- 4 garlic cloves, rough chopped
- 8 sage leaves, chopped
- 1 cup Arborio rice or Bomba
- · 2 heaping cups butternut squash, cubed
- 2 cups veggie stock
- 1/2 teaspoon salt, more to taste
- 1/8 teaspoon white pepper
- 1/2 teaspoon nutmeg
- 2-3 handfuls baby spinach or chopped kale
- Optional toppings: 1/4 cup vegan cheese or cashew cheese, or a drizzle of leek oil or olive oil



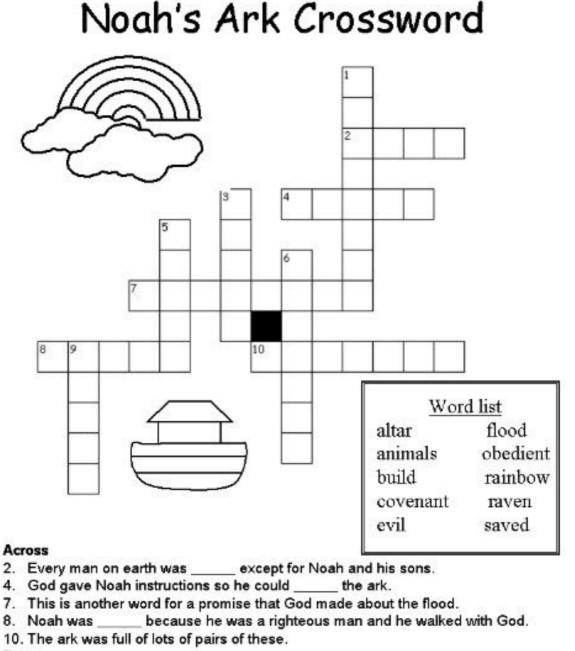
#### Instructions

- Slice and rinse leeks, separating rings (rinsing will help them to soften faster).
- Set Instant Pot to the "Saute" function.
- Heat oil in the instant pot, add the rinsed leeks and stir for 2 minutes. Add garlic, sage, and rice, and stir for 2 minutes.
- Add butternut squash, and keep stirring for a couple of minutes, until there is a bit of browning on the bottom of the instant pot.
- Add the stock or broth. Scrape up the browned bits. Add the salt, pepper, and nutmeg, and give a good stir.
- Seal the instant pot and pressure cook on HIGH for 6 minutes. Naturally, release for 5 minutes, then manually release.
- While the Instant pot is going, you could make the leek oil and/or the maple glazed pecans.
- Stir the risotto, adding the spinach and cheese or butter if you like, or leave them out. As the butternut breaks down a bit, it will add a nice natural creaminess to the risotto.
- Adjust salt to taste. If you like a "looser" risotto add a bit more broth.

https://www.feastingathome.com/instant-pot-butternut-risotto-with-leeks



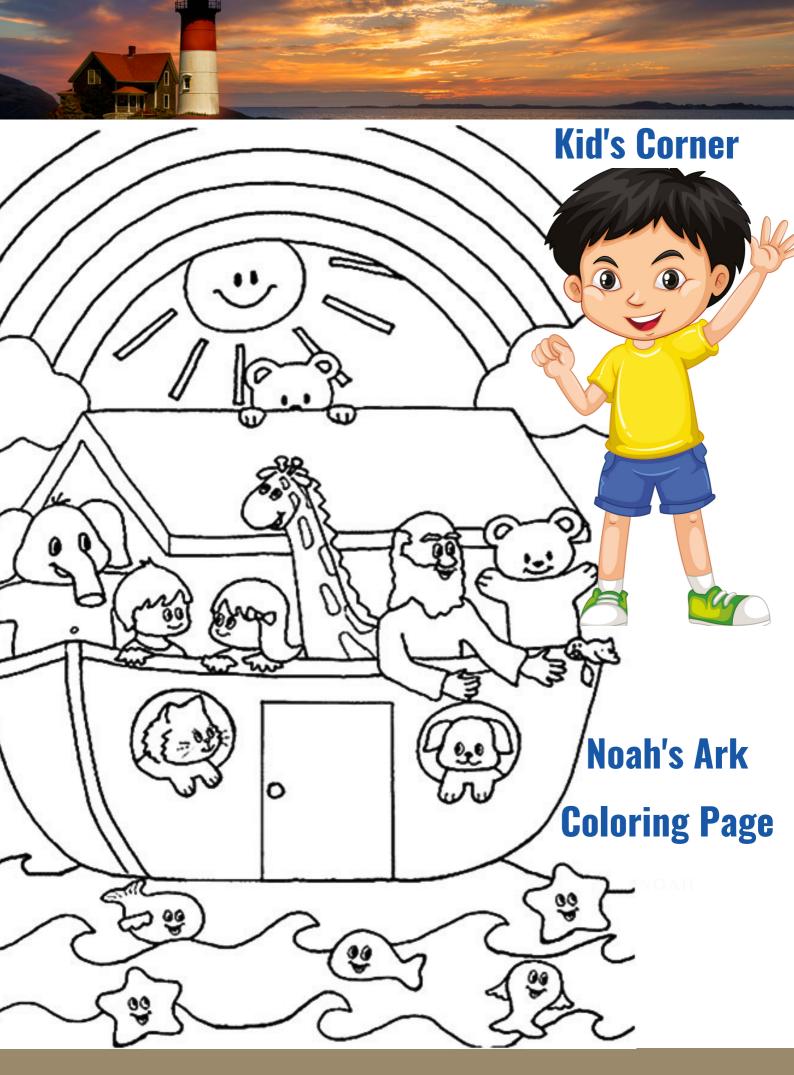
## **Kid's Corner**



Down

- Noah was very \_\_\_\_ and listened to God.
- 3. Noah sent this type of bird first to see if there was land outside the ark.
- 5. God washed the earth from all the evil by sending this.
- 6. This is a sign that God will never flood the earth again.
- 9. Noah and his family made this as soon as they got off the ark.

 $\underline{https://www.dltk-kids.com/bible/crosswords/b-crossword-withwords-noah.gif}$ 





## Who to Contact

Pastor: SangHae Kim

Audio & Visual Systems: Mike Herman

Board Members Chair: Norm Peckham

Bulletin Board: Mikeala Herman

Bulletin Secretary: Sharon Paiz

Children's Story Coordinator: Norm Peckham

Church Clerk: Jennifer Hamerly

Church Administrative Assistant: Micki Oksanen

Community Services: Shirley Anne Hurley

Head Deacon: Mike Herman

Deacons: Marty Beard, Gerry Bolyard, Robert Cassidy, Vaun Fiedler, Fred Haskell, Ben Hiebert,

Ed Lindsay, Boo McDonald, Jordon McDonald

Head Deaconess: Janice Ellison

Deaconesses: Marina Koch, Lila Lindsday, Sharon Paiz, Julie Ringering, Sara

Stickle, Raynee McDonald, Susan Young

Disaster Response Preparedness: Mark Shoeneman

Head Elder: Norm Peckham

Elders: Norm Peckham, Doug Hamerly, Wayne Hurley,

Mark Shoeneman, Vic Matson, Rigo Salinas, Lloyd Buras

Fellowship Dinner Committee Head: Lloyd Buras

Finance Committee Chair: Ron Ringering

Flower Coordinator: Kaitlyn Herman

Health Ministries Head: Wayne Hurley

Hospitality Committee Head: Rigo and Maria Salinas

Librarian: Marty Beard

Literature Rack & Periodical: Marty Beard

Loss Control Head: Lloyd Buras

Music Ministry & Special Music Coordinator: Kaitlyn Herman

Newsletter Editors: Sharon Paiz, Sara Stickle

Nominating Committee Chair: Rigo Salinas

Organist & Pianist: Eileen Anderson

Outside Reader Board Head: Kaitlyn Herman

Pathfinders: Karen Fiedler

Personal Ministries Head: Sara Stickle

Photography Coordinator: Sharon Paiz

Praise Team Head: Kaitlyn Herman

Prayer Coordinator: Vic Matson

Public Relations: Kaitlyn Herman

Religious Liberty Representative: Marty Beard

Sabbath School Secretary: Sharon Paiz

Sabbath School Superintendent: Ruth Matson, Ed Lindsay

Senior Ministries Representative (SAGE): Open

Social Committee Head: Karen Herman

Technology: Mike Herman

Head Treasurer: Linda Buras Head Usher: Lloyd Buras



## Seventh-day Adventist Beliefs

#### FOR OUR READERS OF DIFFERENT FAITHS

Seventh-day Adventists accept the Bible as their only creed and hold certain fundamental beliefs to be the teaching of the Holy Scriptures. These beliefs, as set forth here, constitute the church's understanding and expression of the teaching of Scripture. Revision of these statements may be expected at a General Conference Session when the church is led by the Holy Spirit to a fuller understanding of Bible truth or finds better language in which to express the teachings of God's Holy Word.

1. Holy Scriptures

2. Trinity

3. Father

4. Son

5. Holy Spirit 6. Creation

7. Nature of humanity

8. The Great Controversy

9. The Life. Death and

Resurrection of Christ

10. The Experience of Salvation Sanctuary

11. Growing in Christ

12. The Church

14. Unity in the Body of Christ

15. Baptism

16. The Lord's supper

17. Spiritual Gifts and Ministries

18. The Gift of Prophecy

19. The Law of God

20. The Sabbath

21. Stewardship

22. Christian Behavior

23. Marriage and the Family

24. Christ's ministry in the Heavenly

25. The Second Coming of Christ

26. Death and Resurrection

13. The Remnant and its Mission 27. The Millennium and the End of Sin

28. The New Earth

Join us every Saturday:

9:15am Song Service 9:30am Lesson Study 10:45am Worship Service

Please visit us online at <a href="https://bonneylakewa.adventistchurch.org/">https://bonneylakewa.adventistchurch.org/</a>

If you know someone who wants to receive the newsletter, let us know! Provide their name and email address so we can add them to our distribution list. Have an article, photos, or information for the next newsletter? Email newsletter@blsdachurch.org to submit information for the next newsletter.

Newsletter Editors: Sharon Paiz & Sara Stickle



Our mission is to be a beacon of light in Bonney Lake, sharing the everlasting gospel of Jesus Christ, giving hope that all may have salvation, as we prepare for his imminent return.

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